



*Experience design and nature conservation via
Visitor **MO**nitoring and **MA**nagement in protected areas*

MEET Network

MEET standard and its approach to measuring sustainability and quality to ecotourism itineraries



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19 of June 2023



• Visegrad Fund

Agenda

1. Brief introduction to the Mediterranean: PAs and Tourism
2. Brief introduction to the MEET network
3. MEET Model: Approach for Ecotourism development, management and promotion in PAs
4. MEET Standard - measuring sustainability and quality to ecotourism itineraries





1. Brief introduction to the Mediterranean: PAs and Tourism





Tourism in the Mediterranean

The Mediterranean Basin, is one of 34 **biodiversity hotspots** identified around the globe, and one of Earth's most **biologically rich** yet **threatened** areas. In addition to its biological and geographic wonders, the region is a treasure trove of **human history and culture** and is home to some of the world's **earliest civilizations**.

The Mediterranean is the 2nd largest global biodiversity hotspot in the world. 500 million people with diverse cultures call it home. It is also the world's leading mass tourism destination - contributing to the degradation of ecosystems.





Tourism in the Mediterranean

Threats & Pressures

- ❖ Tourist activities **impact fragile habitats** and the artificialization of coastal areas - **50% of Med coast is urbanized**
- ❖ **Disturbance** of local fauna and natural life
- ❖ **Pressures on resources** across the MED
 - Tourists use 3-4 times more water than residents
 - Produce twice as much solid waste
 - Contributes to more than 50% of its marine litter
 - Increase of the cost of living for local communities (accommodation, etc)
- ❖ Tourism highly concentrated (both spatially and seasonally – summer)
- ❖ COVID19 increased pressure on natural areas for leisure, overcrowding

TOURISM AS A THREAT

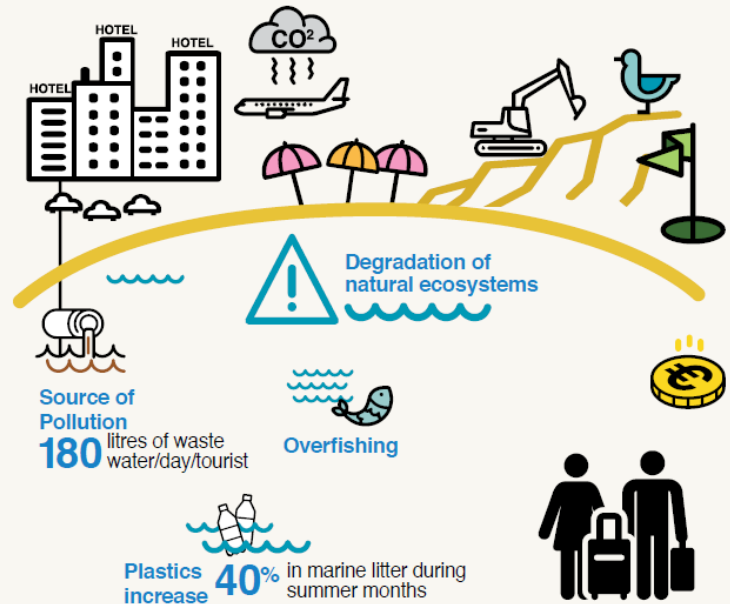
linear economic model and short-term thinking

50% of Mediterranean shores are **urbanised** - sun, sea and sand tourism infrastructure being one of main drivers

Pressure on natural and local resources
water, energy and food

Tourist consumes between **300** and **850** litres of water per day well above residents

Unsustainable tourism practices **disturb local residents and fragile habitats**, specially in high season



TOURISM AS AN OPPORTUNITY

finding sustainable models

Tourism represents **92%** of the **economic value** of sea-related activities in the Mediterranean

Benefits derived from ecosystems services coming from tourism and value derived from nature is estimated at

€17 billion a year





Tourism in the Mediterranean

Opportunities

- ❖ Tourism (used to) represent **92% of the economic value** of sea-related Mediterranean activities
- ❖ Strong **policy interest** in creating a more sustainable, deseasonalized and resilient tourism sector
- ❖ Increasing **interest and demand** towards nature destination and sustainable tourism at international, level but also at national and local levels





Mediterranean Protected Areas

The Challenges they are Facing

-
- Lack of resources, capacity and incentives at PA level
 - Competition
 - Difficulty meeting quality and sustainability expectations
 - Difficulty reaching target markets
 - Lack of consistent guidelines and tools for monitoring quality and sustainability





Why it is relevant?

The New York Times

The Newest Challenge for Europe's Parks: A Surge of New Nature Lovers

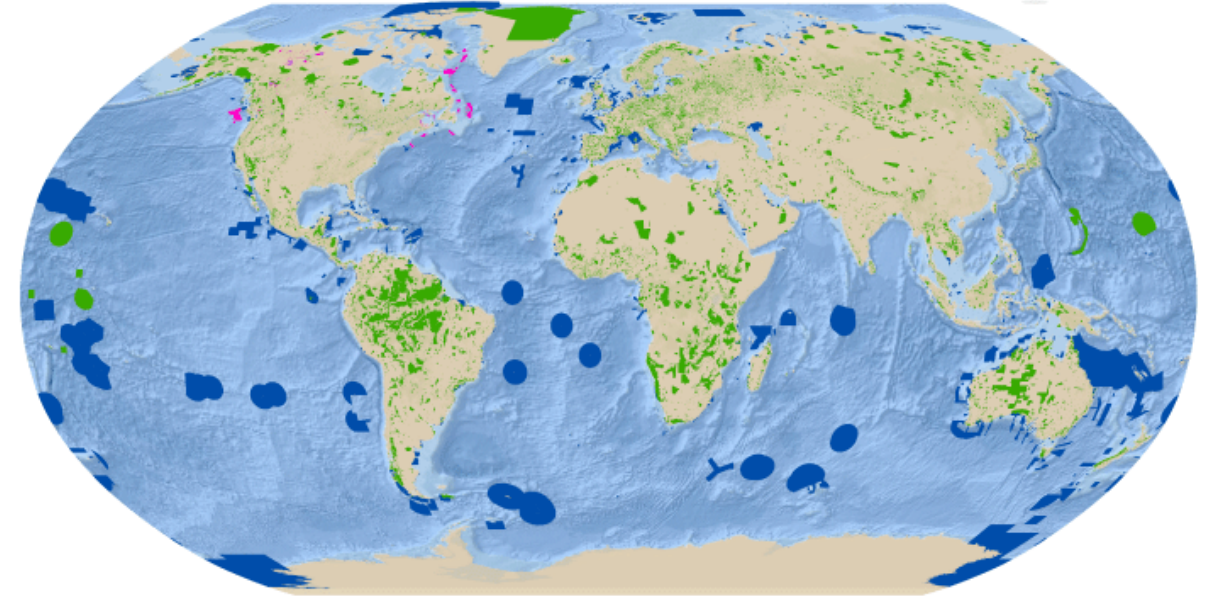
Lockdown-weary city dwellers across the continent are visiting parks and other protected areas for the first time, overwhelming staff and generating pleas for more support.



<https://www.nytimes.com/2020/12/10/travel/european-parks-pandemic.html>

30 by 30 and the Global Deal for Nature

Protected Areas of the world



30% of the world's terrestrial, inland water, and of coastal and marine areas, to be in effective protection and management by 2030



Current Trends

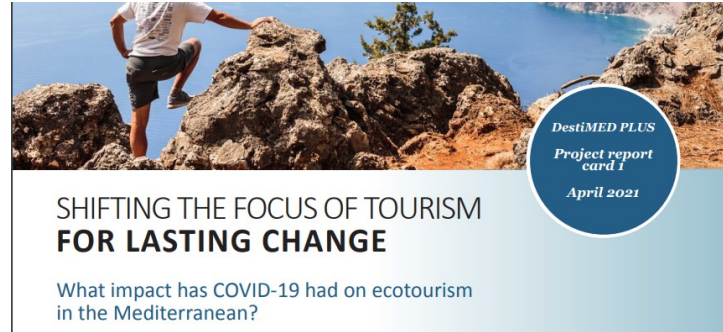
The New York Times

The Newest Challenge for Europe's Parks: A Surge of New Nature Lovers

Lockdown-weary city dwellers across the continent are visiting parks and other protected areas for the first time, overwhelming staff and generating pleas for more support.

PROTECTED AREAS

- Sustainable tourism development tools
- Working with the private tourism sector
- Biodiversity protection VS negative tourism impacts



TRAVEL INDUSTRY

- Reducing tourism impacts
- Increasing sustainable tourism practices
- Building resilient destinations by implementing sustainable practices

Spain Looks to a New Kind of Tourism After COVID-19



TRAVELLERS

- More conscious travel choices
- Access to nature and local culture
- Quality experiences in lesser-known destinations

Picture 1: <https://www.nytimes.com/2020/12/10/travel/european-parks-pandemic.html>

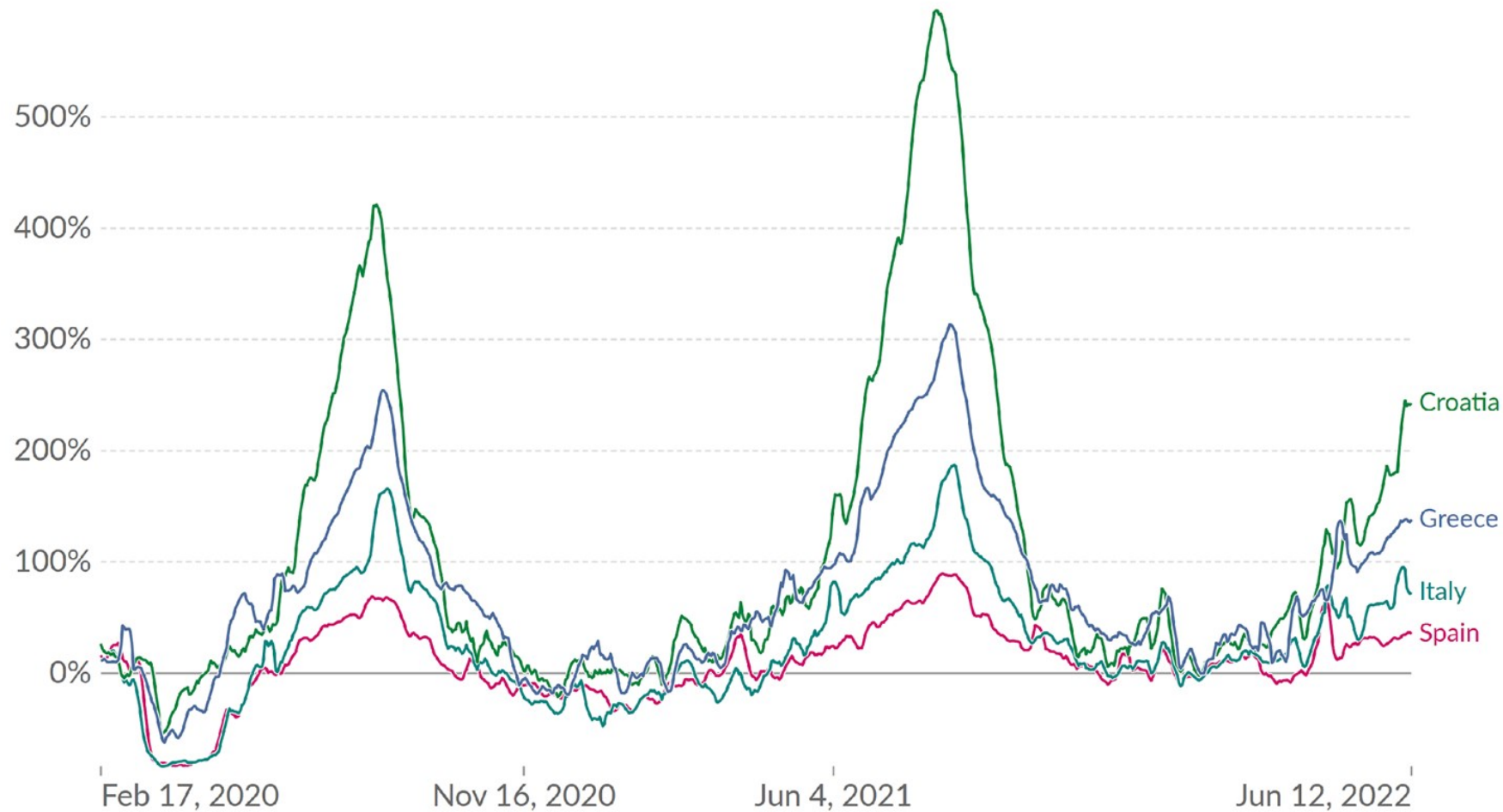
Picture 2: https://destimed-plus.interreg-med.eu/fileadmin/user_upload/Sites/Sustainable_Tourism/Projects/DESTIMED_PLUS/REPOSITORY_DELIVERABLES/WP2/Project_Report_Card_1_Shifting_the_Focus_of_Tourism_for_Lasting_Change.pdf

Picture 3: https://www.voanews.com/a/europe_spain-looks-new-kind-tourism-after-covid-19/6190710.html

Parks and outdoor spaces: How did the number of visitors change relative to before the pandemic?

Parks and outdoor spaces includes places like local parks, national parks, public beaches, marinas, dog parks, plazas, and public gardens.

Our World
in Data



Increasing demand for spending time in nature + lack of strategic tourism development planning + focus on volume rather than value + pronounced seasonality → **Current reality and near future of ecotourism development**

Source: Google COVID-19 Community Mobility Trends - Last updated 17 June 2022

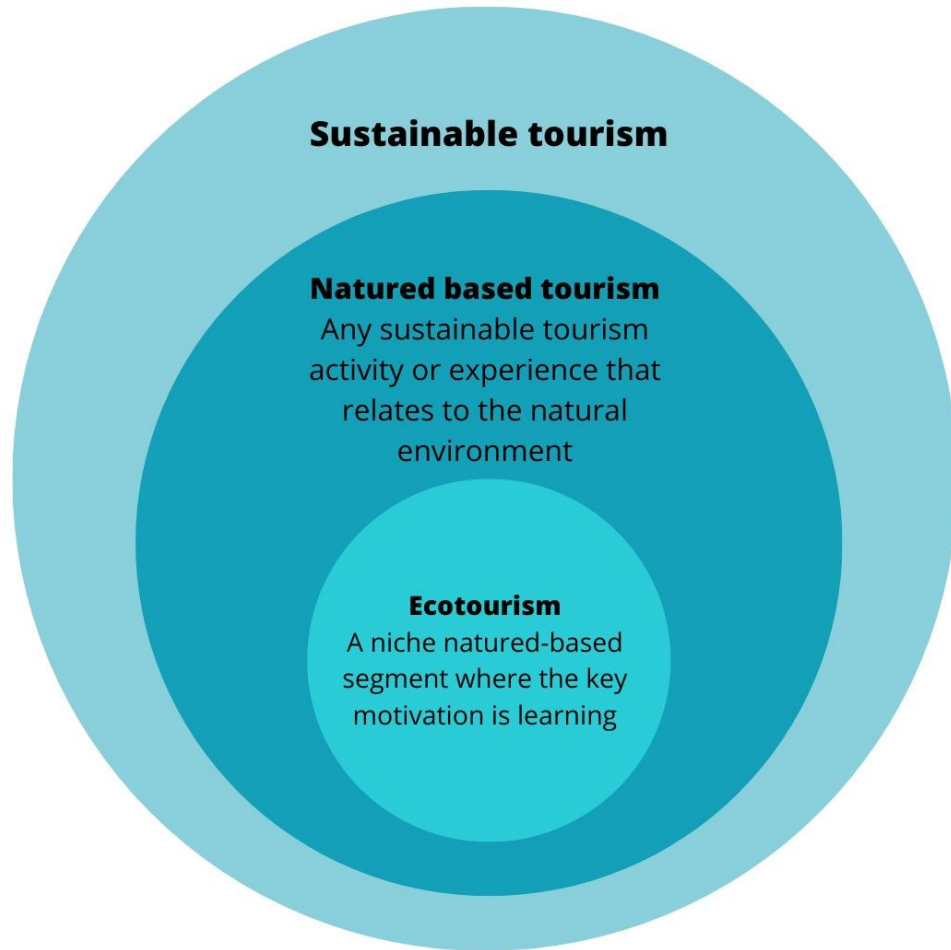
OurWorldInData.org/coronavirus • CC BY

Note: It's not recommended to compare levels across countries; local differences in categories could be misleading.



Ecotourism and protected areas in the Mediterranean

The development of ecotourism



- ✓ **ECOTOURISM:** Environmentally responsible visiting of relatively unspoilt **natural areas**, in order to enjoy and appreciate **nature** (and any accompanying **cultural** features - both past and present), that **promotes conservation**, has **low negative visitor impact**, and provides for beneficially active **socio-economic involvement of local populations**



2. Brief introduction to the MEET network





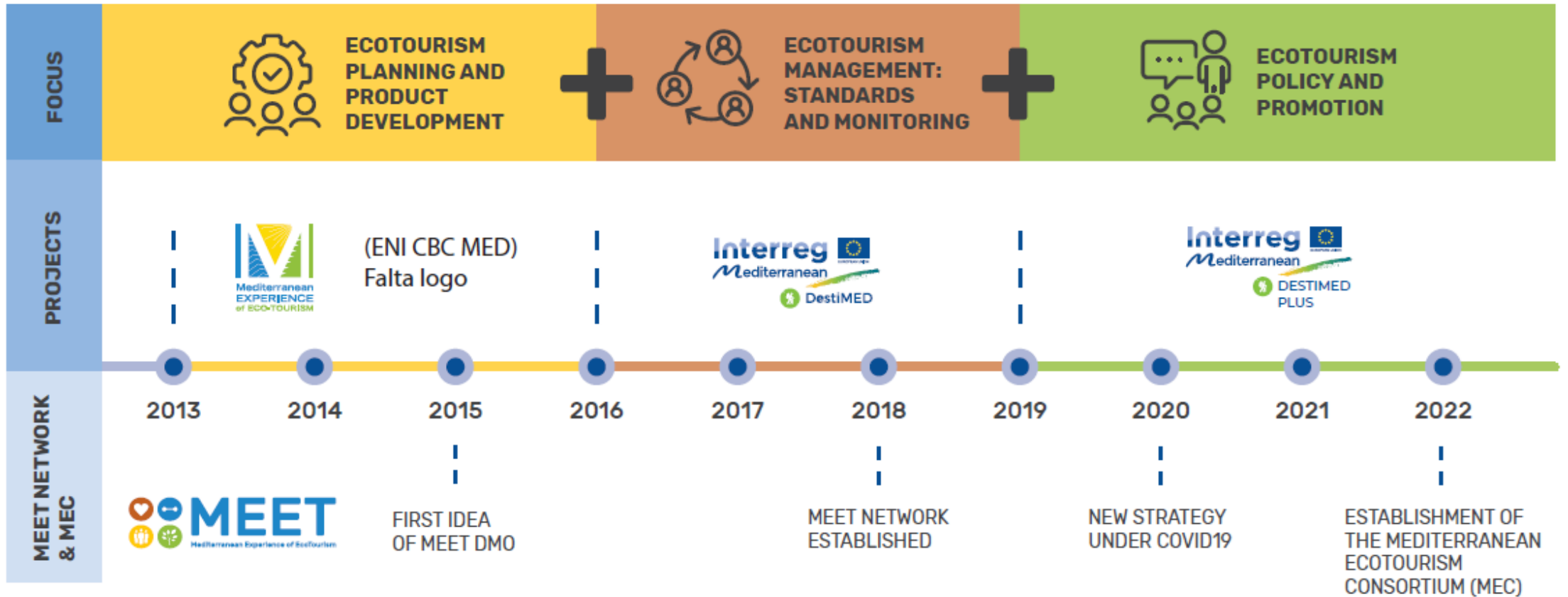
MEET Network

MEET is a **network of Mediterranean protected areas** and some **key organizations**, working together to conserve the region's natural and cultural mosaic, while promoting a new model of ecotourism to the market through the development of **high-quality ecotourism products** and **innovative tools to manage their impacts**.





WHAT & WHEN – MEET Timeline





WHO – MEET Functioning

MEET Constituency: MEET is an association registered in Spain composed of park and organisational members, currently with 13 park members / applicants and additional candidates.

MEET Governance: General assembly of members & board composed as 2022 by IUCN Med, GFN, TF and Shouf (President: Alessandro Galli).

MEET Management: IUCN Med acts as Secretariat of the MEET Network and is in charge of its operations, with the support of a commercial advisor and interns/volunteers.



SHOUF BIOSPHERE RESERVE
محمية الشوف المحيط الحيوي



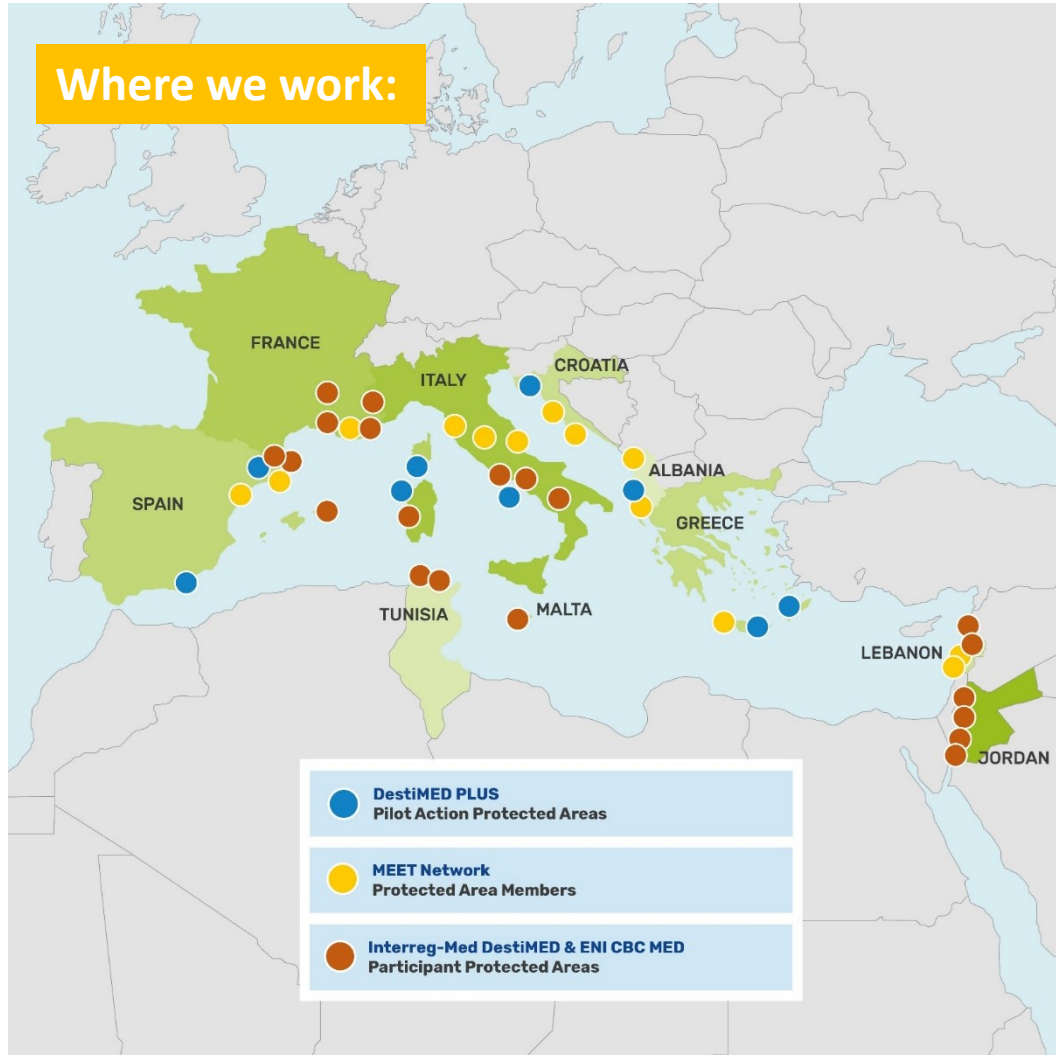
Global Footprint Network
Advancing the Science of Sustainability





Putting Parks in the Driving Seat

Where we work:



Bringing together tourism and conservation

CONSERVATION & PUBLIC SECTOR

- Parks and Protected Areas
- Policy Makers and PA Management bodies
- Conservation & sustainability organisations

TOURISM & PRIVATE SECTOR

- Local tour operators
- Local service providers
- International tour operators
- DMOs and Tourism boards



MEET products



Based **in** and **around**
protected areas



Work with **local**
communities and local
service providers



Benefit **conservation**



Reduce Ecological
footprint



Cooperative tourism
(parks and private
sector)



Travel experiences

Our values



COMPASSION



CONNECTION



COMMUNITY



CONSERVATION

Components of an ecotourism product





Travel experiences - Destination





3. MEET Model: Approach, management and promotion in PAs





The MEET Model



- ✓ The **park and their communities** are at the driving seat of ecotourism development
- ✓ Promotes **cooperative tourism development** between public and private sector (local & international)
- ✓ Clear **conservation and community benefits** aligned with park goals
- ✓ **Evidenced sustainability** with impact measuring & monitoring



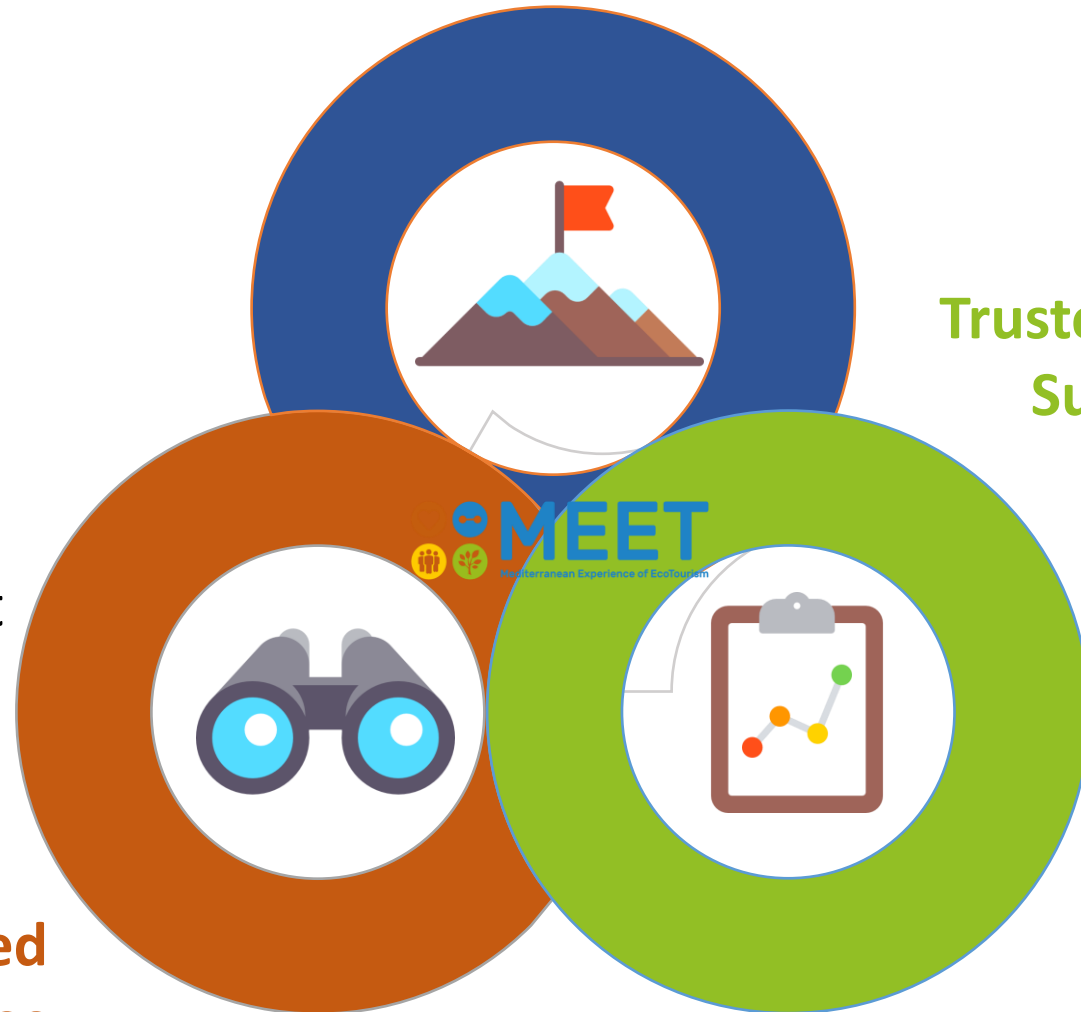
Our differentiators

Park-Led (eco)tourism

MEET Product Promise:

- ✓ Park-Led and Conservation Centered
- ✓ Community Engagement and Benefit
- ✓ Localized Supply Chains
- ✓ Measured Environmental Impact
- ✓ Immersive Nature-Based and Cultural Travel Experiences

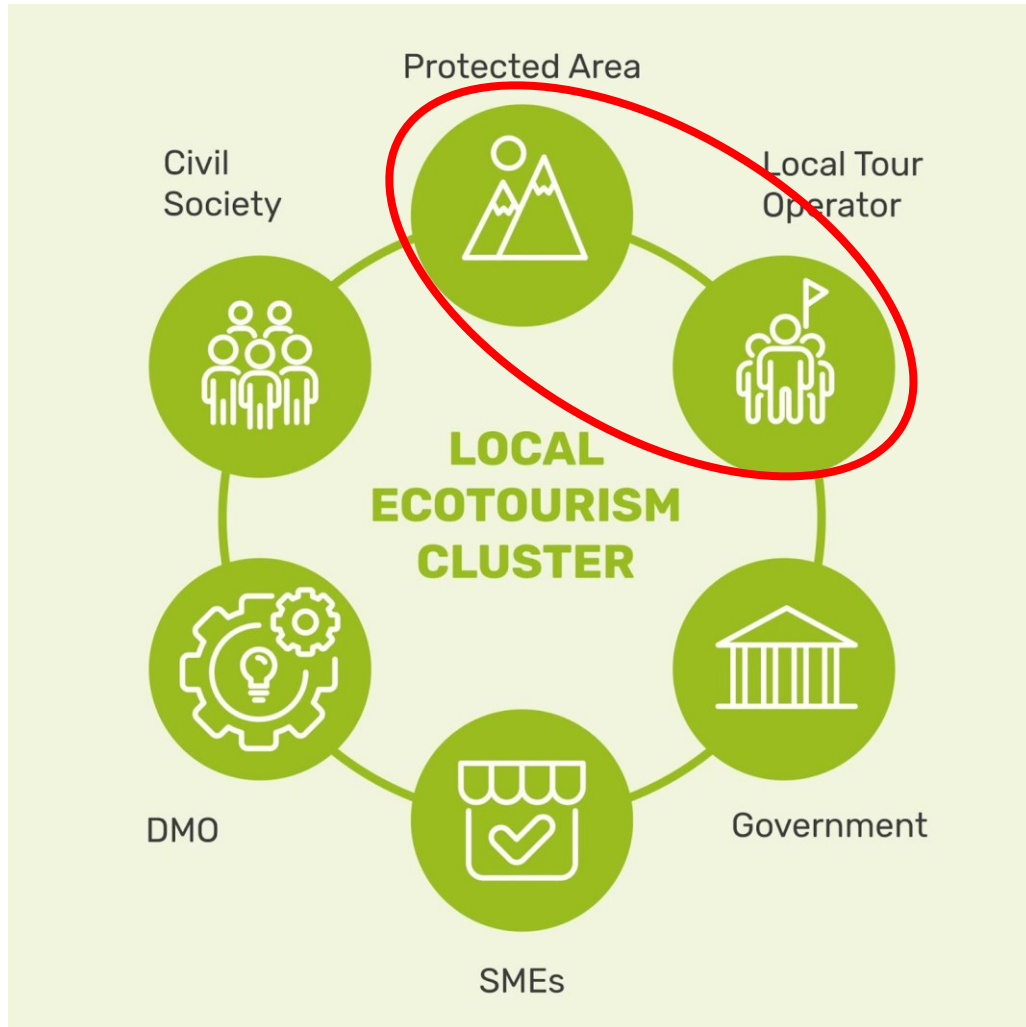
Trusted & Measured Sustainability



Locally-Crafted
Travel Experiences



Local Ecotourism Clusters (LECs)



Public-private working groups initiated or supported by the protected area and composed of multi-sector stakeholders

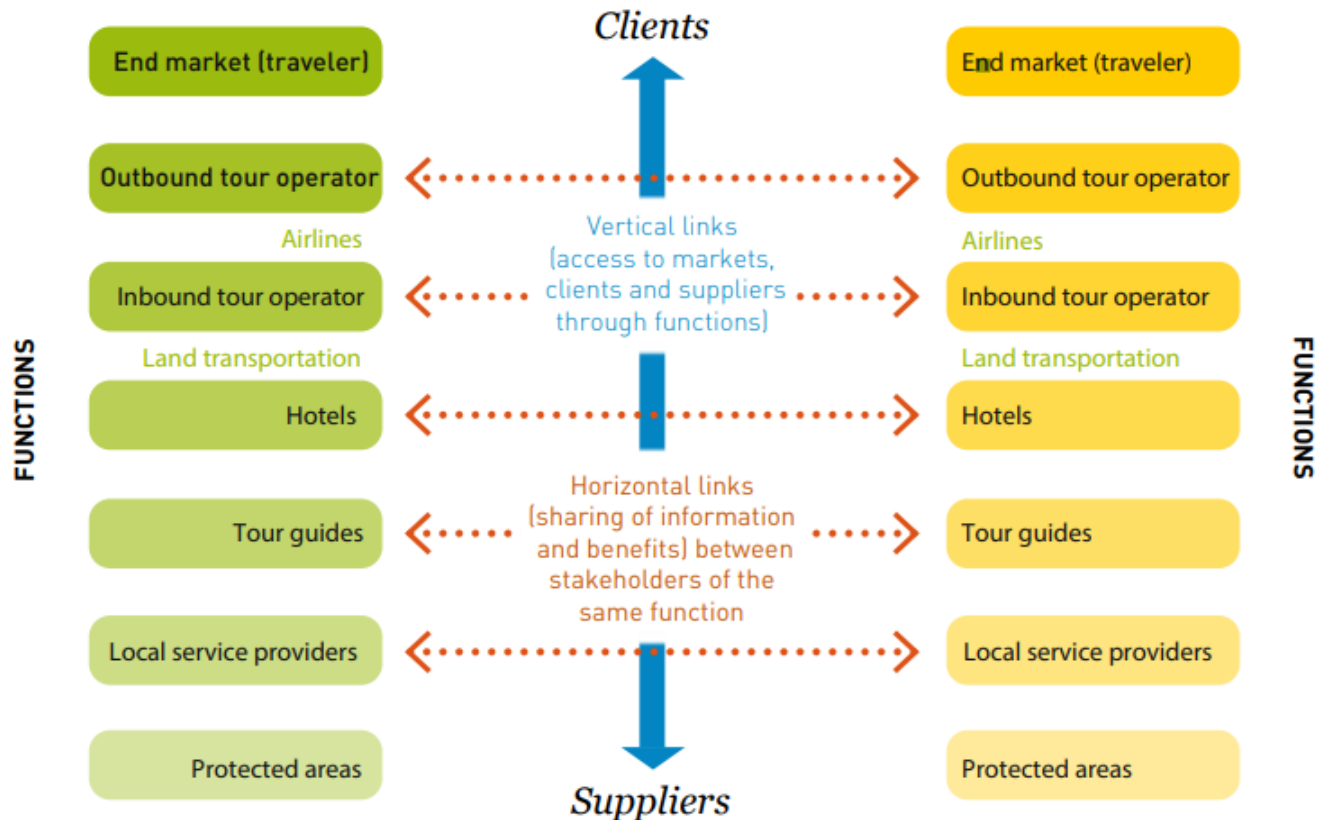
Collaborate to **develop, plan, manage and promote ecotourism products** according to a common vision

An efficiently working and successful LEC is a **key element of the success** of the whole ecotourism development effort in a destination



LECs - Functioning

THE LEC ENCOURAGES ENGAGEMENT WITH THE WIDER TOURISM ECONOMY



- ✓ Facilitate the identification and pursuit of **common goals and objectives**
- ✓ Facilitate **agreements** between protected area managing bodies, tourism businesses and local stakeholders
- ✓ Provide the basis for a **governance framework**
- ✓ Serve as a **cooperative environment** to encourage synergies, capacity building...
- ✓ Encourage **innovation**
- ✓ Offer **economies of scale** and their knock-on effects



LECs - Composition

Local Inbound Tour Operator

Locally owned small and medium enterprises

- Required for ecotourism product implementation
- Help to foster a sense of ownership of the destination
- Entry point for economic gains
- Keep tourism revenue within the destination



Conservation sector

Protected area / park authority

- Ensure conservation is respected, promoted and an integral part of the ecotourism product

Local community organisations or representatives

- Act as facilitators and ensure that the strengths, needs and concerns of the local community are comprehended

Local Destination Management Organisation representatives

- Help align policy, regulation and marketing efforts with ecotourism product development, conservation and sustainable Development

Local government representatives

- Help remove barriers regarding infrastructure needs



4. MEET Standard - measuring sustainability and quality to ecotourism itineraries





MEET Standard



What is it NOT? A certificate for protected areas / destinations / businesses / products.



Integrated approach to guide Protected Areas destinations - A set of **criteria** and **indicators** to manage the **quality** and **sustainability** of MEET brand products.



Guides the ecotourism product development process, ensuring **products are sustainable** and **commercially viable**.



Data is collected on each of these indicators using questionnaires and other tools.



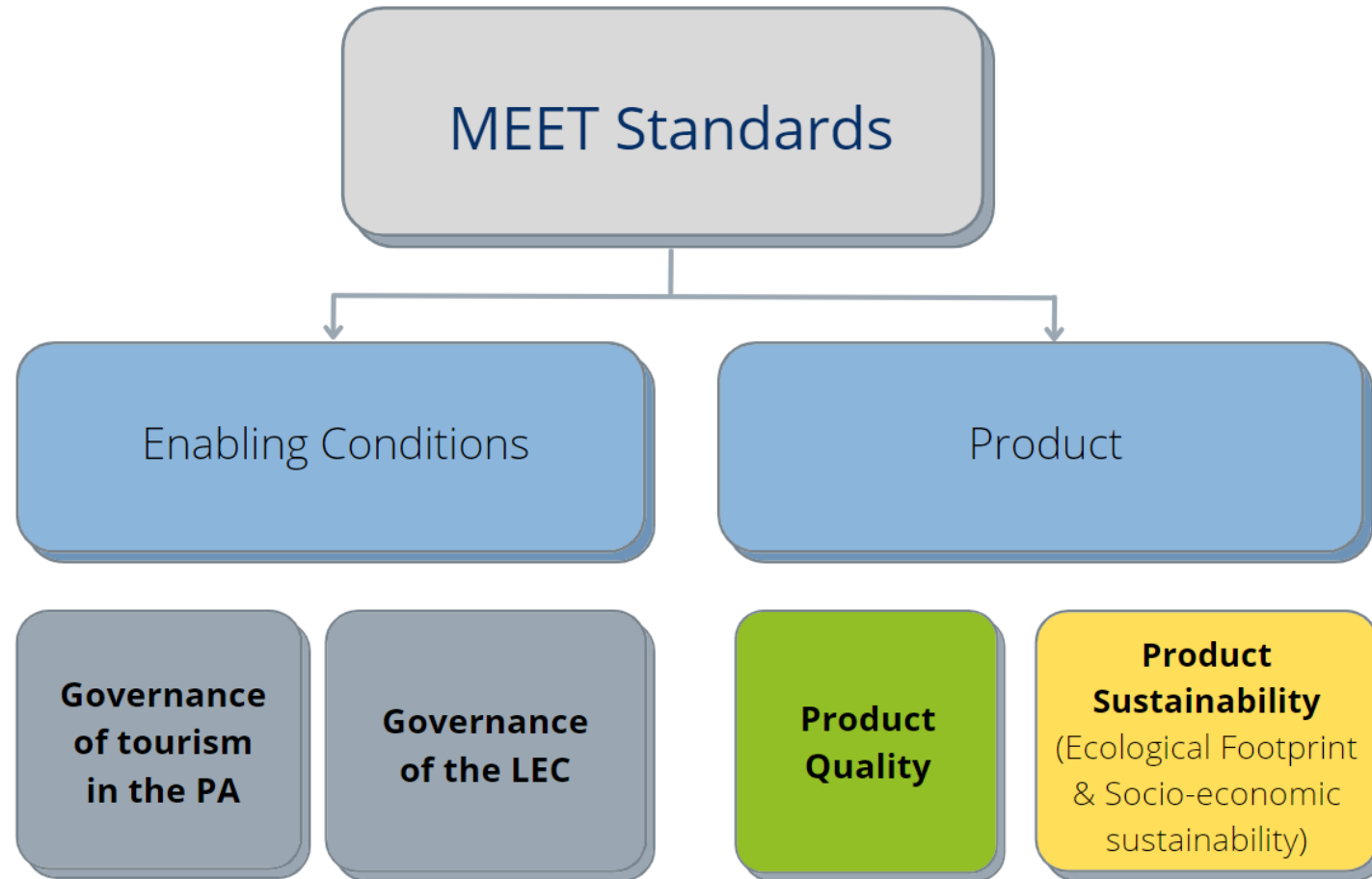
Assessment of this data results in recommendations that informs destination managers on how to improve performance of the destination and ecotourism products.



Enables continuous monitoring for product improvement

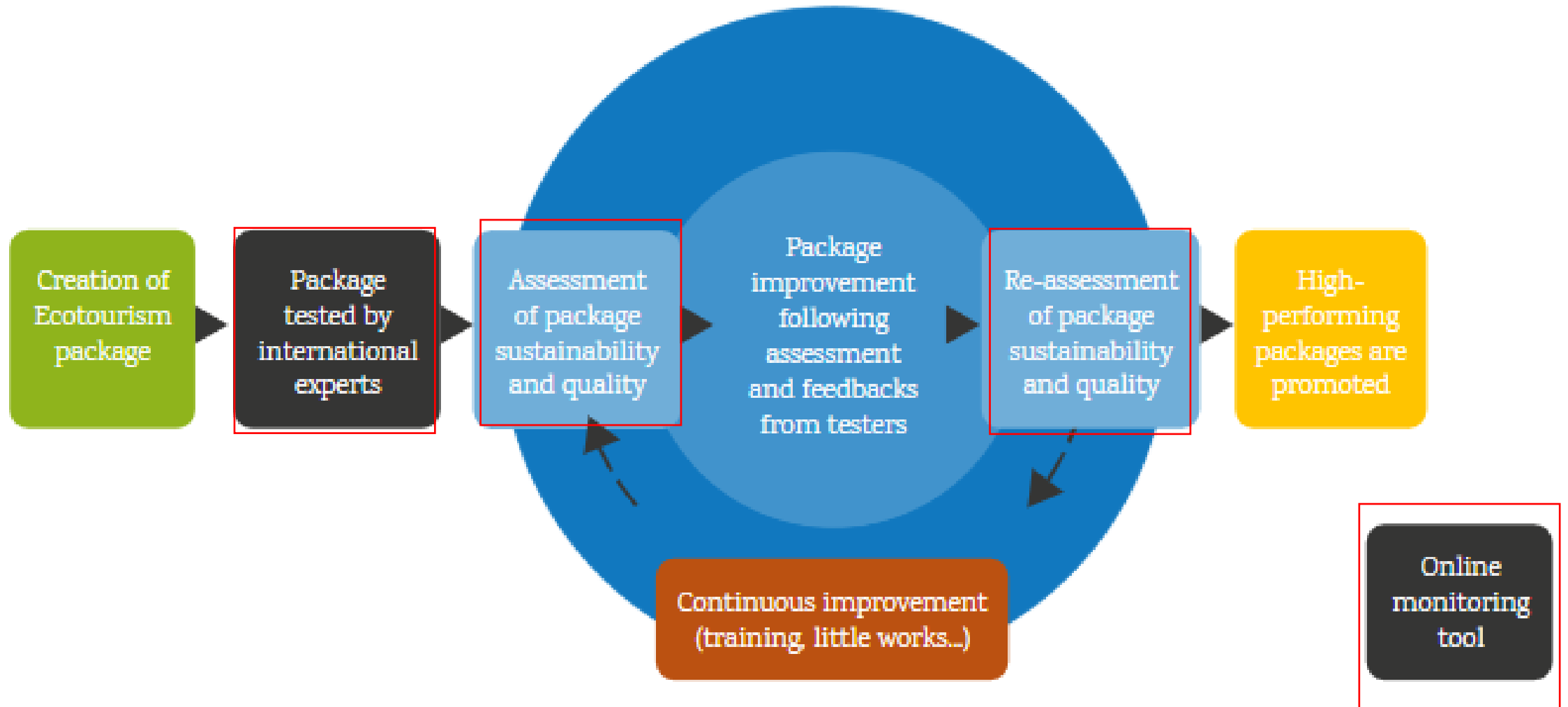


MEET Standard





How is the MEET Standard used?





Monitoring Platform



MEET Ecotourism Indicator Monitoring Platform

Ecotourism is often presented and perceived as a "green" or environmentally friendly alternative to traditional tourism. How do we know if that is accurate? Can we actually measure it? How?

The MEET Indicator Monitoring Platform allows ecotourism destinations in and around protected areas to self-assess the sustainability and quality multi-day tourism products in Protected Areas against the comprehensive criteria of the MEET Standard.

This platform provides local ecotourism stakeholders with a system to automatically measure and monitor the performance of an itinerary (ecological footprint, social impact, quality) and the enabling conditions in the destination (governance and conservation management), enhancing their ability to make decisions based on evidence.

[MEET STANDARD](#)

[MEET MANUAL](#)



Ecological Footprint Calculator of Ecotourism Itineraries

Do you want to know the environmental footprint left behind by your visitors or customers?

The calculator measures and analyses the ecological footprint of your itinerary considering the four main components of an ecotourism package: accommodation, food & beverages, transfers, activities.

[CHECK IT OUT!](#)



Social Impact Assessment of Ecotourism Suppliers

Do you want to know the impact on social well being of tourism service providers in your product or destination?

This self-assessment measures the social impact of the different suppliers and facilities on 15 social topics covering 4 stakeholder groups (workers, local communities, value chain and visitors).

[CHECK IT OUT!](#)



Enabling Conditions in the Destination: Governance & Conservation

Do you want to know if your destination is operating under good governance principles and respecting nature conservation?

This tool assesses the enabling environment to check with certain conditions that must be met to ensure that tourism benefits conservation as well as local communities and to make sure that no negative impacts on conservation occur.

[CHECK IT OUT!](#)



Product Quality Assessment of an Ecotourism Itinerary

Do you want to know if your itinerary is ready to provide a memorable, safe and market-appealing ecotourism experience?

This questionnaire allows you to understand if the itinerary you are developing respond to the expectation of customers, buyers and local stakeholders, and complies with the the products commercialised by the MEET Network, covering issues such as tour leading, guiding and interpretation, supplier selection or itinerary design.

[CHECK IT OUT!](#)



Tools and Monitoring

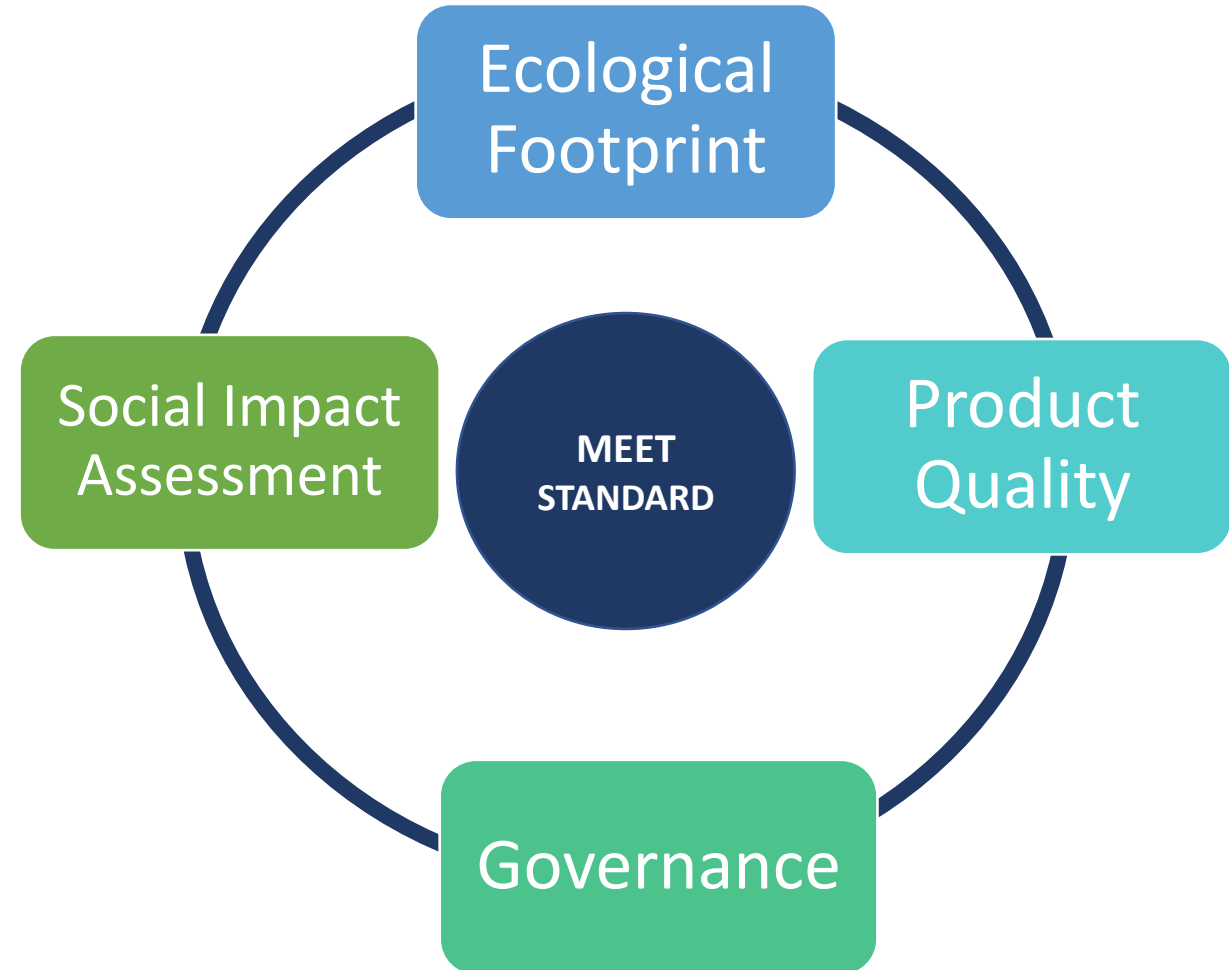
STANDARD MONITORING TOOLS:

- Social Impact Assessment of Ecotourism Suppliers
- Enabling Conditions Assessment of the Destination: Governance and Conservation
- Product Quality Assessment of an Ecotourism Itinerary
- Ecological Footprint Calculator



MONITORING PLATFORM

Representing all 4 components of the MEET Standard



<https://monitoring.meetnetwork.org/>



MEET Standard - Methodology

IDENTIFICATION OF INDICATORS

Simple and easy to collect, but meaningful

Limited number of indicators

Focusing on the **existence of important elements**

Broad **applicability**

Awareness-raising function

Alignment with **existing standards**: IUCN Green List, IUCN Best Practice Guideline: Governance of Protected Areas

Ideal performance

2

Compliance

0

No data or non-compliant situation

-2



Enabling Conditions Assessment of the Destination: Governance and Conservation

Governance is *“the interactions among structures, processes and traditions that determine how power and responsibilities are exercised, how decisions are taken and how citizens or other stakeholders have their say”*.



- ✓ Who decides what the **objectives** are
- ✓ How those **decisions** are taken
- ✓ Who holds **power, authority and responsibility**
- ✓ Who is (or should be) held **accountable**



Enabling Conditions Assessment of the Destination: Governance and Conservation

DATA COLLECTION AND ANALYSIS TOOLS

- Indicators were developed on the basis of the **IUCN Green List standard for Protected Area Management** and **IUCN's Natural Resources Governance Framework**.
- **Data is collected** through a **questionnaire** and is then assessed to produce **recommendations** for the LEC to implement.



Enabling Conditions Assessment of the Destination: Governance and Conservation - Indicators

Legitimacy and voice	1.1.	Identification of stakeholders and rightsholders
	1.2.	Representation
	1.3.	Diversity
	1.4.	Standards
Direction	2.1.	Strategy and action plan
Performance	3.1.	Participatory product development
	3.2.	Service provider and tour operator selection
	3.3.	Tour operation identification
	3.4.	LEC Action Plan
	3.5.	Degree of activity of LEC
	3.6.	Public awareness
Accountability	4.1.	Internal information
	4.2.	Public information
	4.3.	Feedback mechanism
	4.4.	Reaction to feedback
Fairness and rights	5.1.	Formal complaints

A LEC must reflect all **voices** and have clear **rules**

A LEC follows a **common vision** of ecotourism

A LEC implements its tasks in an **ongoing learning** process and in a **participatory** way

A LEC ensures **transparency** and informs about its activities

A LEC **respects** all stakeholders and rightsholders



MEET Standard - Legitimacy & Voice and Direction

1.1. Identification of stakeholders and rightsholders

- Stakeholder map, including an indication of key stakeholders and rightsholders

1.2. Representation

- Broad representation (at least 8 members): inbound tour operator, protected area, local administration, local community, local CSOs, tourism-related service providers (accommodation, transportation, food&drinks)

1.3. Diversity

- Reflect local social diversity (age, gender balance, ethnic groups...)

1.4. Standards

- Agreed rules and standards: decision-making, composition, service provider selection procedures, roles, responsibilities, meeting, membership, long-term arrangements, tasks...

2.1. Strategy and action plan

- Consistent and agreed strategic vision for (eco)tourism development, in line with the values of the protected area, and linked to an action plan



MEET Standard - Performance

3.1. Participatory product development

- Ongoing discussion to develop ecotourism products, including multiple knowledge sources

3.2. Service provider and tour operator selection

- Clear and transparent service providers and tour operator selection

3.3. Tour operator identification

- Selection of a tour operator willing and able to meet the criteria for package development and monitoring procedures

3.4. LEC Action Plan

- Follow an action plan to define activities, improve the products, trigger new cooperations and promote ecotourism

3.5. Degree of activity of LEC

- Active, locally acknowledged, permanent working group. Periodic meetings are essential (at least two/year)

3.6. Public awareness

- Public authorities and decision-makers are aware of the vision of the LEC on sustainable tourism



MEET Standard - Accountability and Fairness & Rights

4.1. Internal information

- Information about meetings and activities is made accessible and available to LEC members, stakeholders and rightsholders

4.2. Public information

- Key documents, LEC discussion outcomes and activities are publicly accessible

4.3. Feedback mechanism

- Easily accessible mechanism to receive and react to feedback from civil society and stakeholders

4.4. Reaction to feedback

- Relevant external feedback and recommendations are taken into account by the LEC

5.1. Formal complaints

- Formal complaints about the work of the LEC (decision-making, land-use conflicts/rights, communication, activities...) reported by local communities, stakeholders and rightsholders should be documented and addressed appropriately



VISUALISATION OF THE RESULTS

Enabling Conditions in the Destination: Governance & Conservation

This tool assesses the enabling environment to check with certain conditions that must be met to ensure that tourism benefits conservation as well as local communities and to make sure that no negative impacts on conservation occur.



Performance

Degree of participation of the LEC in the development of the ecotourism offer supported by the park (including MEET itineraries)

0

The LEC has specified the procedure to select service providers to be included in the tourism offer supported by the park

-2

The LEC has formally identified one or several Inbound Tour Operators (ITO) that can, and is willing to, develop and operate the ecotourism offer supported by the park (including MEET itineraries) and the required monitoring procedures.

NO DATA
The LEC has formally identified one or several Inbound Tour Operators (ITO) that can, and is willing to, develop and operate the ecotourism offer supported by the park (including MEET itineraries) and the required monitoring procedures.

The LEC has an action plan specifying its envisaged activities (meetings, activities, events...)

2



Ecological Footprint Calculator of Ecotourism Itineraries

The calculator measures and analyses the ecological footprint of the itinerary considering the four main components of an ecotourism package: **accommodation, food & beverages, transfers, activities.**



Allows us to **quantify tourism pressures** on natural resources and ecological services

This tool allows tour operators, destinations and customers to understand the EF of the **whole ecotourism package**, expressed in gha (global hectares), the **EF per tourist per day**, and the **weight of the different components** of the package.



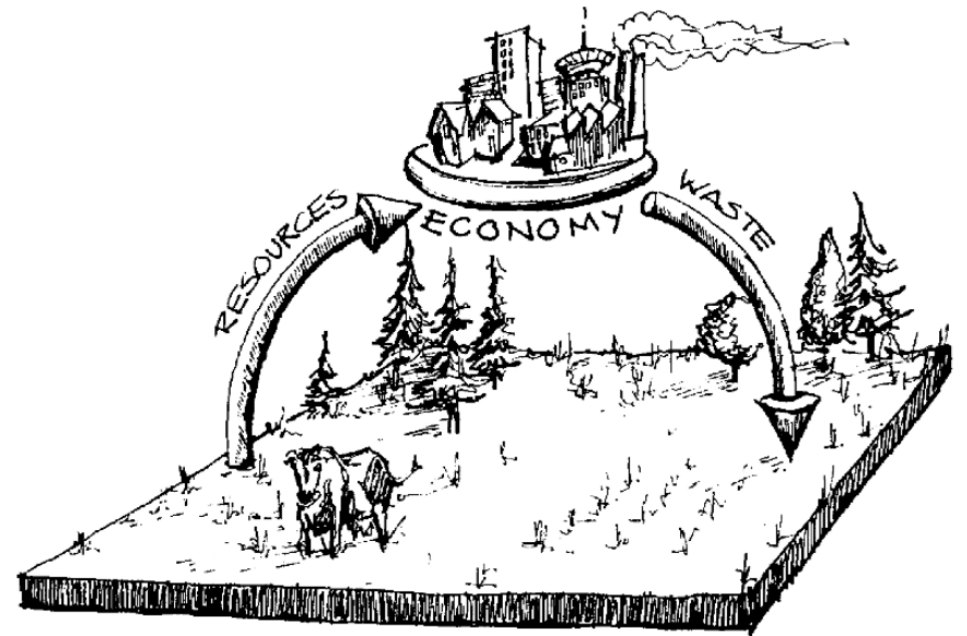
Ecological Footprint: the rationale

The goods and services that are at the base of human societies and economies are all supported by functioning and healthy ecosystems



By using resources from the planet, and throwing wastes back into it, all of us contribute to placing an impact on our Earth.

This impact is our Footprint and can be measured!





MEET Ecological Footprint Calculator of Ecotourism Itineraries

The screenshot shows the login interface for the MEET Ecological Footprint Calculator. On the left, there is a white registration form with a blue border. At the top left of the form are the logos for Interreg Mediterranean, the European Union flag, and DestiMED. Text indicates the project is co-financed by the European Regional Development Fund. Below the logos, a welcome message reads: "Welcome to the Ecological Footprint calculator developed by the DestiMED project". The form contains two input fields: "Email" with the placeholder "Enter your email" and "Password" with the placeholder "Enter your password". Both fields have a red error message "This field is required" below them. A "Forgot password?" link is located to the right of the password field. Below the input fields are two buttons: a grey "Sign In" button and a green "Continue without registration" button. At the bottom of the form, there is a link: "Don't have an account? Sign Up". On the right side of the screenshot is a colorful isometric illustration of a coastal landscape. It features green mountains, a sandy beach, a sailboat, a small boat, a person on a bicycle, a group of people, a farm with a cow, and several houses with red roofs.

Features:

- Save progresses and results
- Download results in PDF format
- Explore solution to reduce the EF
- Eventually connect with, and receive support from, the MEET network



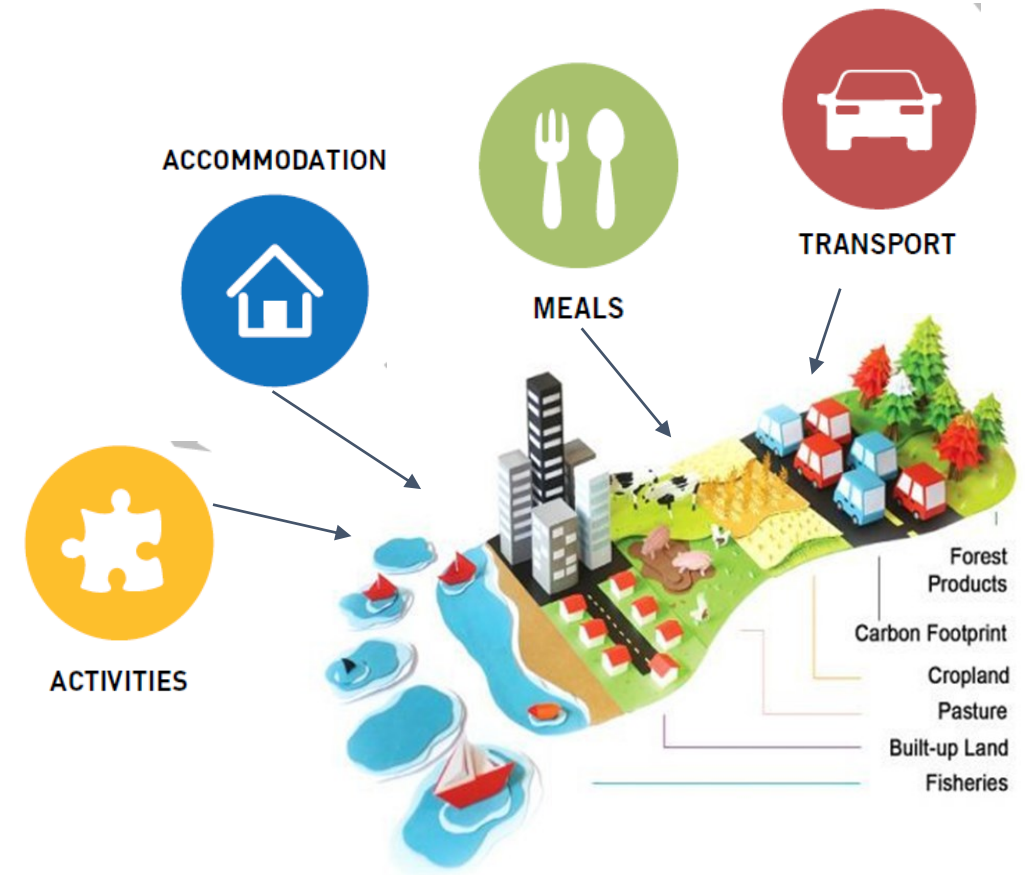
Ecological Footprint Calculator of Ecotourism Itineraries

DEFINITION: the amount of **natural capital** necessary to “support” an ecotourism package and each single tourist participating in it.

RESULTS are provided for 4 keys offers: **Accommodation**, **Food & Drinks**, **Mobility & Transfers** and **Activities & Services** to help determine drivers of human pressure

Ecosystems types are shown within each category to indicate where human pressure is placed.

UNIT: global hectares (gha) - hectare-equivalent units of land





Ecological Footprint Calculator of Ecotourism Itineraries

Accommodation	Food & Drinks
<ul style="list-style-type: none"> -General information and characteristic (i.e. type of accommodation, opening season etc) -Number of workers -Total number of bed-nights -Building surface -Energy consumptions, including: <ul style="list-style-type: none"> oElectricity oHeating system oWater heating -Consumption/production of alternative source of energy (solar, PVs, LPG, geothermic, etc) -Good and services provided (i.e. laundry, replacement of linen, etc) 	<ul style="list-style-type: none"> -Origin of ingredients: <ul style="list-style-type: none"> oOn-farm oLocal (up to 60km) oNational oInternational -Mode of production of ingredients: <ul style="list-style-type: none"> oOrganic oNon-organic -Quantity of ingredients (expressed for the entire group) -Cooking time and type of stove -Number of workers
Mobility & Transfers	Activities & Services
<ul style="list-style-type: none"> -Duration of the route -Distance covered -Type of transportation (motor vehicle or different) <ul style="list-style-type: none"> oFuel type oFuel efficiency -Number of workers 	<ul style="list-style-type: none"> -Duration of the activity -Distance covered -Means of transportation used -For any motor vehicle used: <ul style="list-style-type: none"> oFuel type oFuel efficiency -Number of workers



Ecological footprint in 13 Protected Areas

Ecological Footprint and tourism: Development and sustainability monitoring of ecotourism packages in Mediterranean Protected Areas

Protected Area	Duration of the package	Number of tourist	Testing period - Round 1	Testing period - Round 2					
Albania North Shkodra Region Parks (Albania)	6 days/5 nights	7	Spring 2018	Spring 2019	Samaria National Park (Greece)	6 days/5 nights	6	Fall 2017	Spring 2018
Albania South Vlora Region Parks (Albania)	7 days/6 nights	7	Spring 2018	Spring 2019	Colline Metallifere Tuscan Mining UNESCO Geopark (Italy)	4 days/3 nights	10	Fall 2017	Spring 2018
Kornati Islands National park (Croatia)	6 days/5 nights	8	Fall 2017	Fall 2018	Torre del Cerrano Marine Protected Area (Italy)	4 days/3 nights	7	Fall 2017	Spring 2018
Lastovo Islands Nature Park (Croatia)	6 days/5 nights	8	Fall 2017	Spring 2018	Circeo National Park (Italy)	4 days/3 nights	7	Spring 2018	Spring 2019
Calanques National Park (France)	6 days/5 nights	6	Spring 2018	Fall 2018	Riviera di Ulysses Regional Park (Italy)	5 days/4 nights	6	Spring 2018	Spring 2019
Camargue Regional Nature Park (France)	6 days/5 nights	5	Spring 2018	Fall 2018	Natural Park of Ebro Delta (Spain)	4 days/3 nights	6	Fall 2017	Spring 2018
					Menorca Biosphere Reserve (Spain)	6 days/5 nights	7	Fall 2017	Fall 2018

Source: Mancini, M.S., Barioni,D., et al. (2022). Ecological Footprint and tourism: Development and sustainability monitoring of ecotourism packages in Mediterranean Protected Areas, Journal of Outdoor Recreation and Tourism, Volume 38, 100513, ISSN 2213-0780, <https://doi.org/10.1016/j.jort.2022.100513>



Ecological Footprint Calculator of Ecotourism Itineraries

QUESTION: Excluding international travel, what do you think had the highest ecological footprint in the measured ecotourism packages?

1. Transfers and local transport
2. Food and Beverages
3. Accommodation
4. Activities and other services

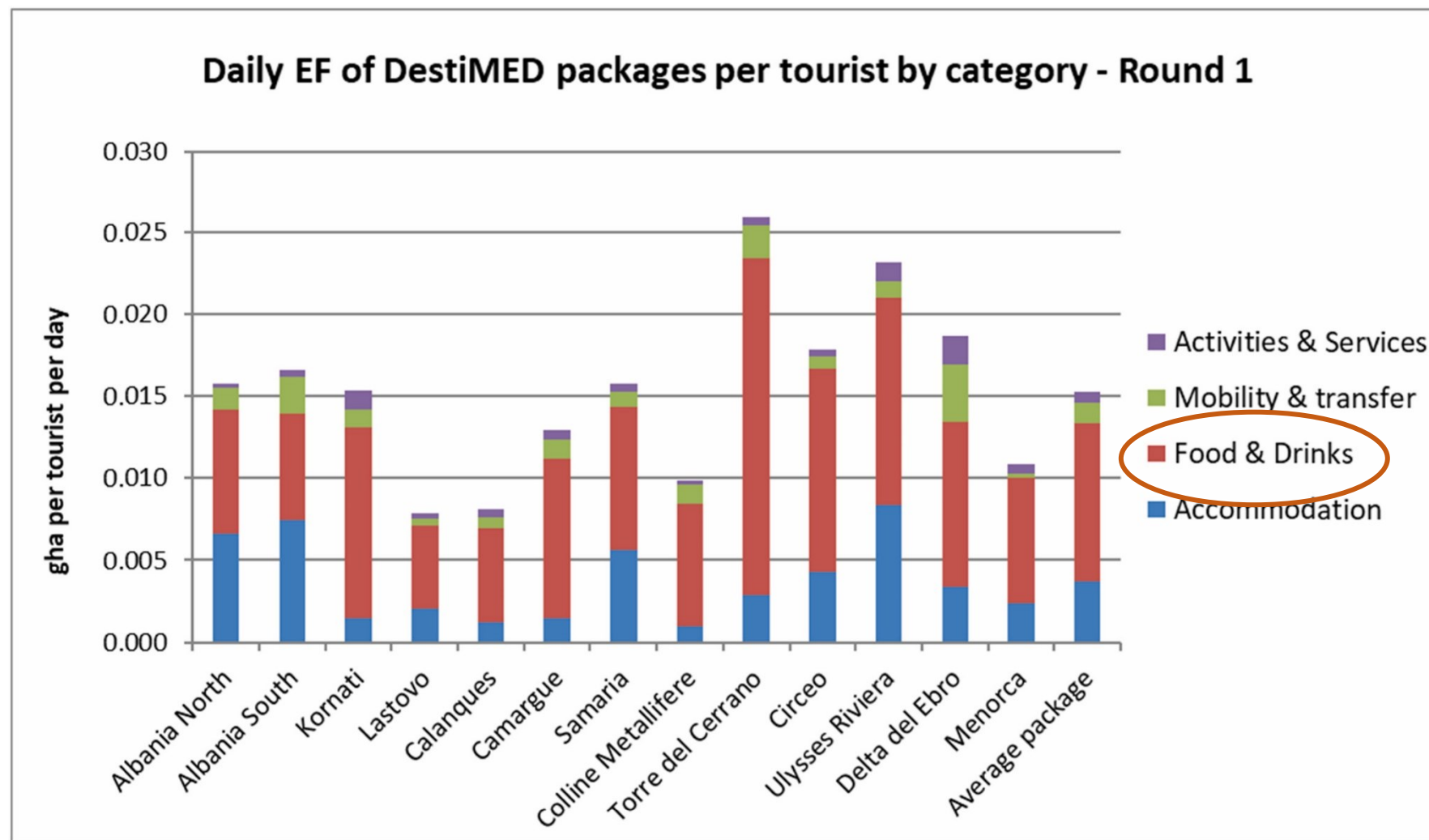




Ecological footprint in 13 Protected Areas

Daily Ecological Footprint results **per tourist** of the 13 packages in Round 1 and calculated average. Results are broken down by the 4 main categories of activities and services offered in the package.

Food & Drinks represented the major Footprint driver in all 13 packages in Round 1, contributing on average to **63%** of the total package Footprint



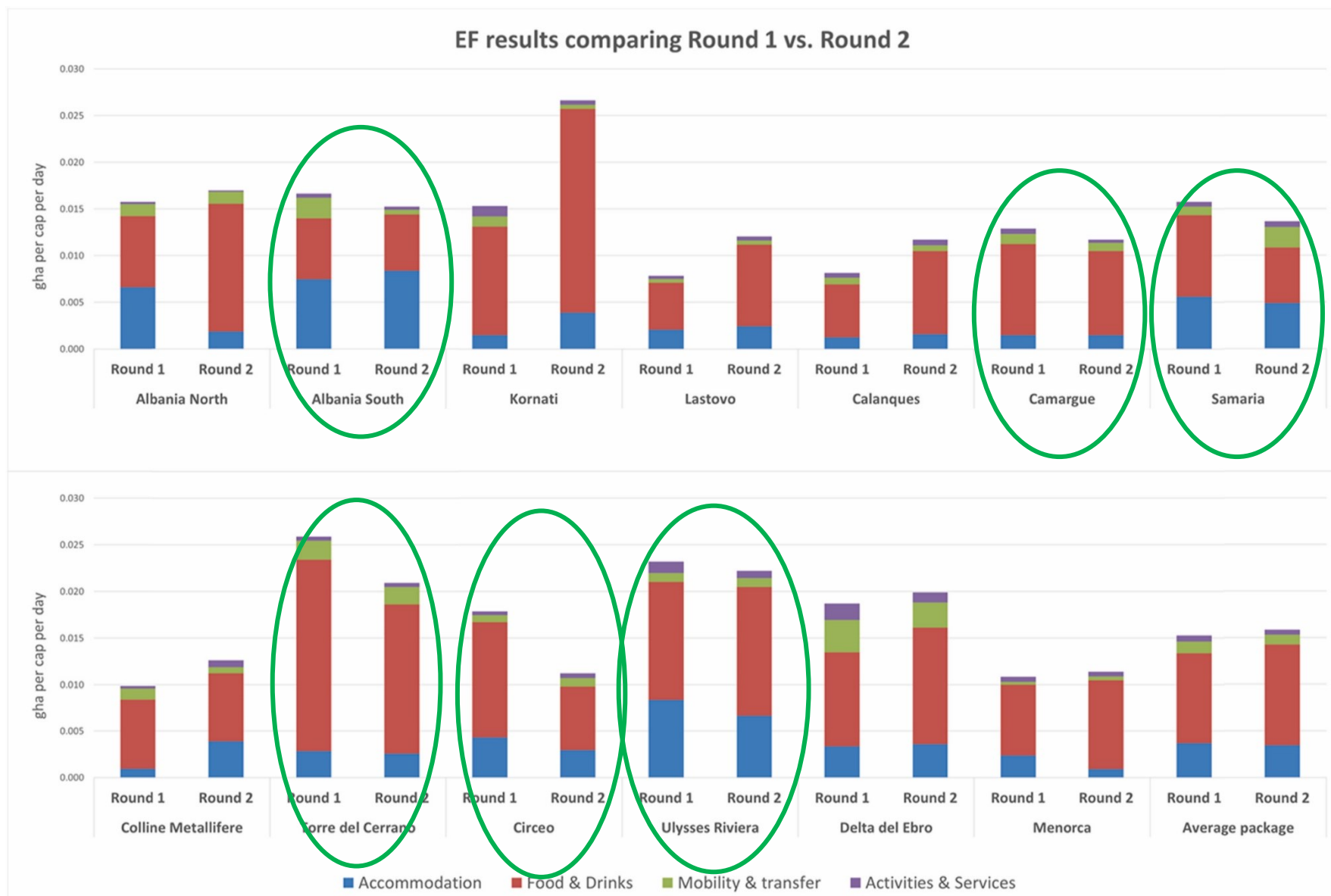


Ecological footprint in 13 Protected Areas

6 packages managed to **decrease** their Footprint value

7 ecotourism packages **increased** their Footprint.

Food & Drinks was the sole service to increase (+12% on average) its Footprint value in Round 2.

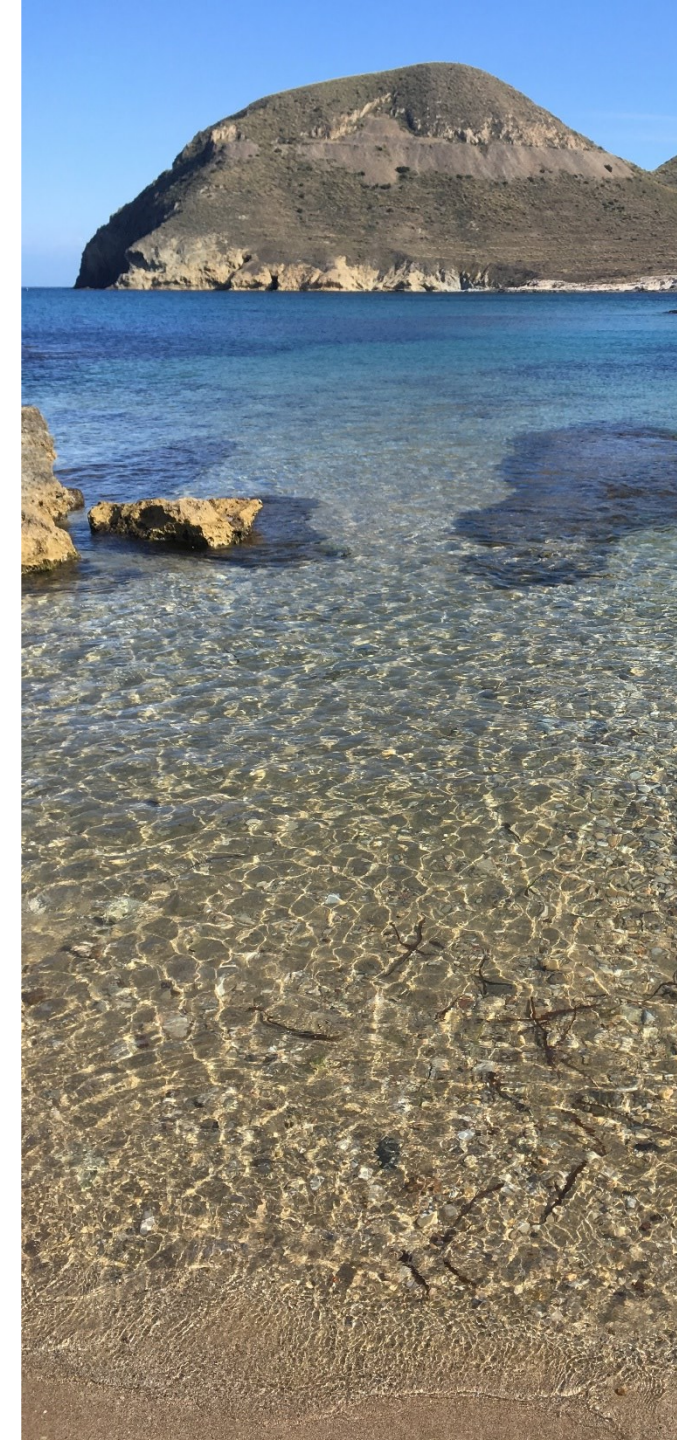




Ecological footprint in 13 Protected Areas

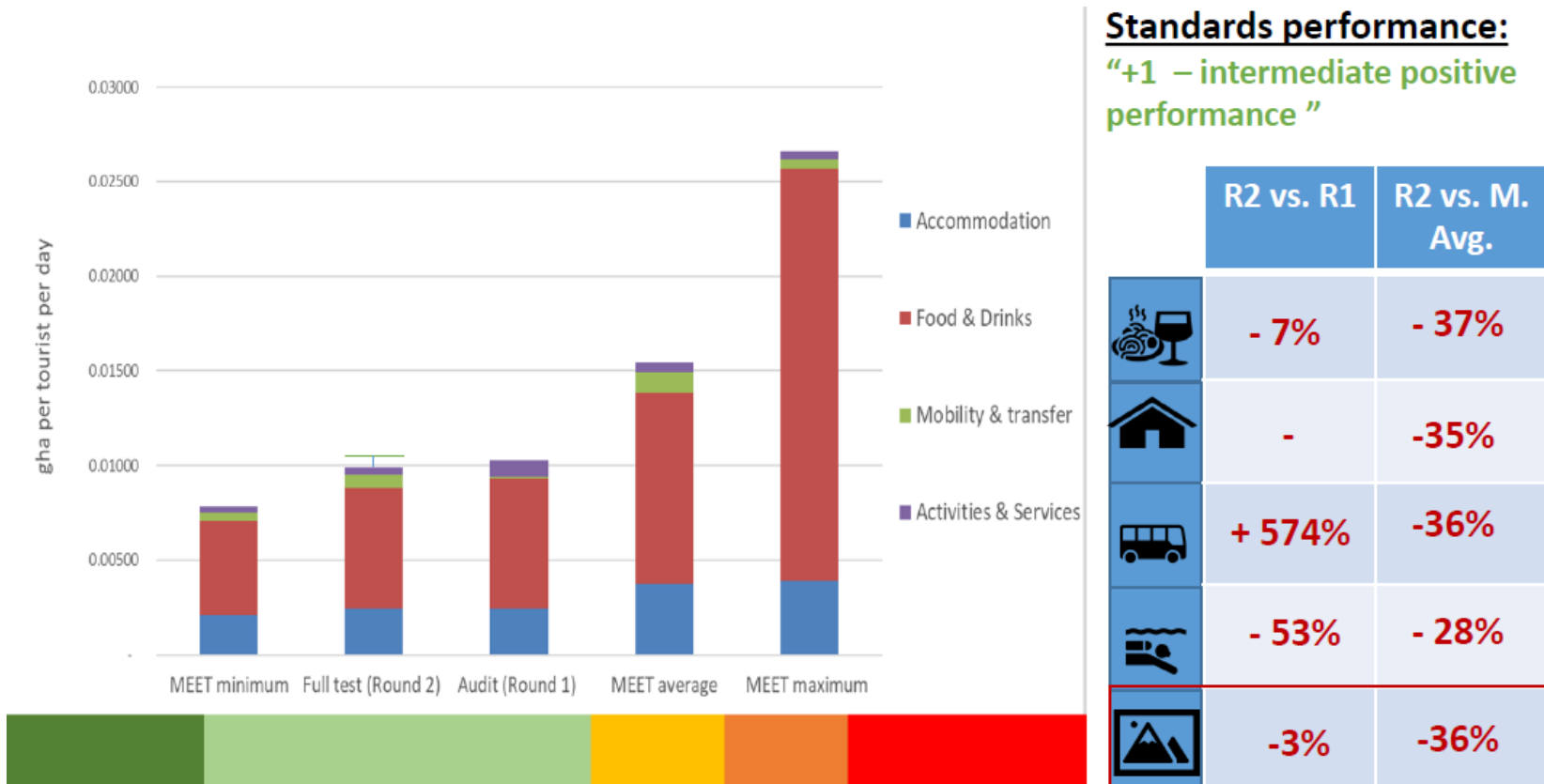
Results

- ❖ Footprint results breakdown by consumption categories provides a **complementary information**, indicating which **daily tourist activity drives anthropogenic pressures** on the various ecosystems.
- ❖ The Food & Drink category represented the largest driver across all 13 packages and the highest values were found in those packages **servicing big amounts of food in general**, with a **high share of fish and meat products**.
- ❖ Only 6 packages managed to reduce their Footprint (following the recommendations and implementing other changes according to the MEET standard).
- ❖ The **increase** in the value for their Footprint from round 1 to round 2 was mainly for the lack of data available during round 1.





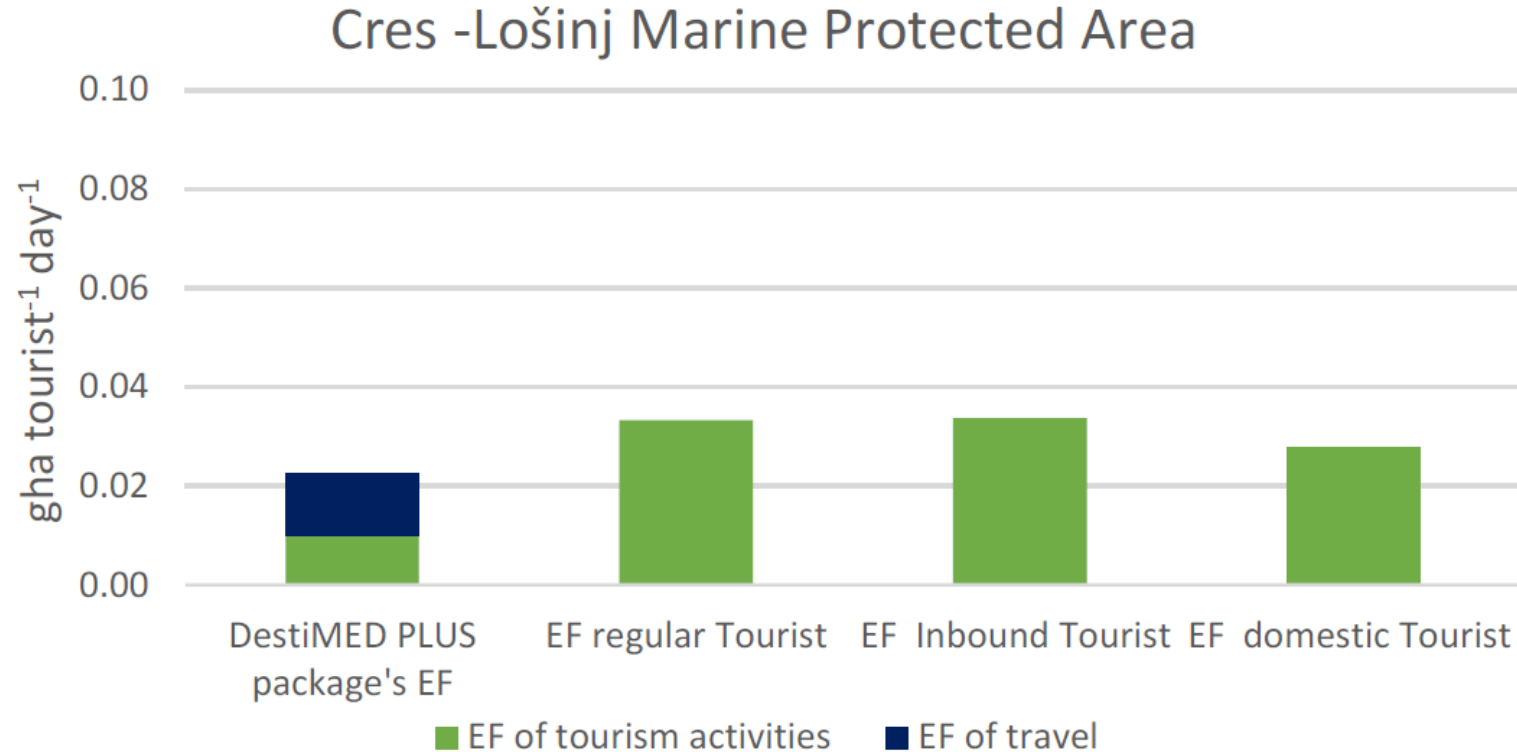
Monitoring Sustainability: Ecotourism package



**Cres -Lošinj Marine Protected Area
 Jadranska Hrvatska– Croatia**



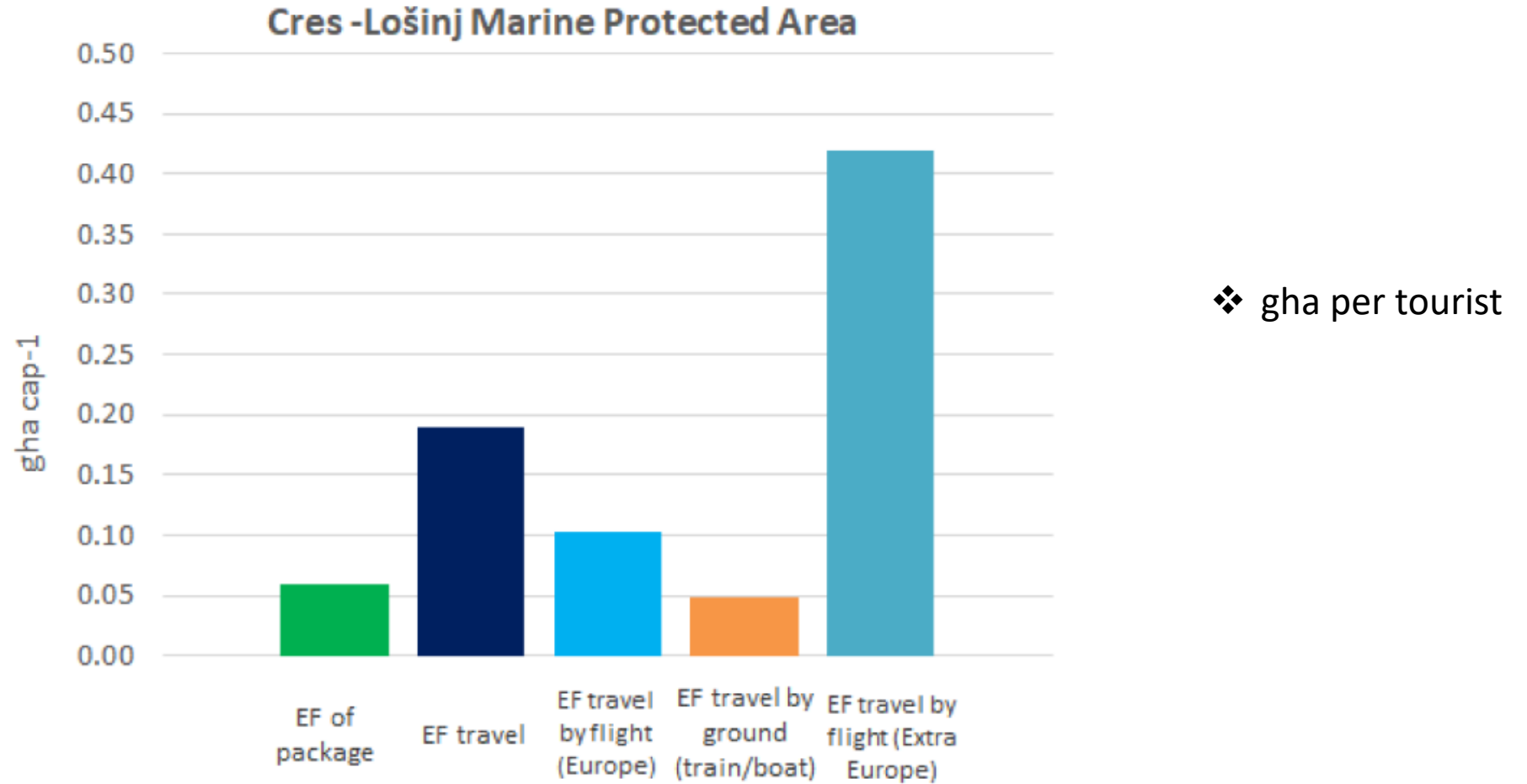
Monitoring Sustainability: eco vs. regular tourists



Comparison between the Ecological Footprint of the DestiMED PLUS pilots packages and the Ecological Footprint of a regular tourist (both domestic and inbound) in each of the 6 DestiMED PLUS destinations (all values expressed in gha per capita per day).



Monitoring Sustainability: travel to destination



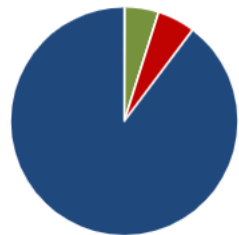


VISUALISATION OF THE RESULTS

The Total Ecotourism Footprint of your package is...

537.994_{gha}

By Landtype

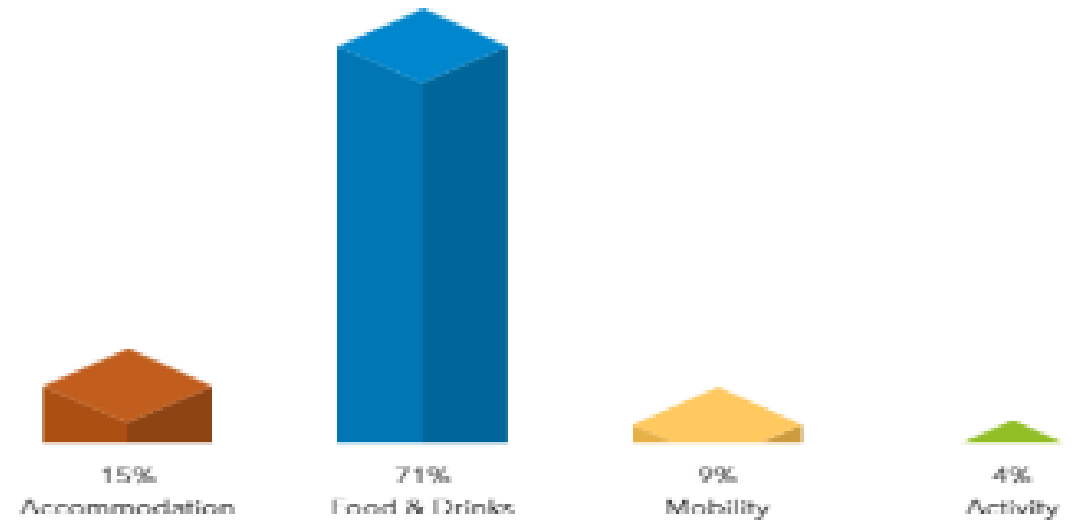


- Cropland - 0.06%
- Grazing - 0.01%
- Forest - 4.81%
- Fishing - 0.02%
- Built-up - 5.38%
- Carbon - 89.73%

The Ecological Footprint per tourist is

0.01_{gha/day}

By Activity





Benefits of the Ecological Footprint for Ecotourism Stakeholders

You cannot manage what you do not measure!!



PROTECTED AREAS MANAGERS

Understanding the biocapacity of the local area and the pressure tourism activities place upon it



LOCAL SUPPLIERS

- Enter as pioneers in a new market
- Reduce and optimise their impacts and costs
- Increase market resilience



THE TOURISM SECTOR

Attract green tourists





Social Impact Assessment of Ecotourism Suppliers

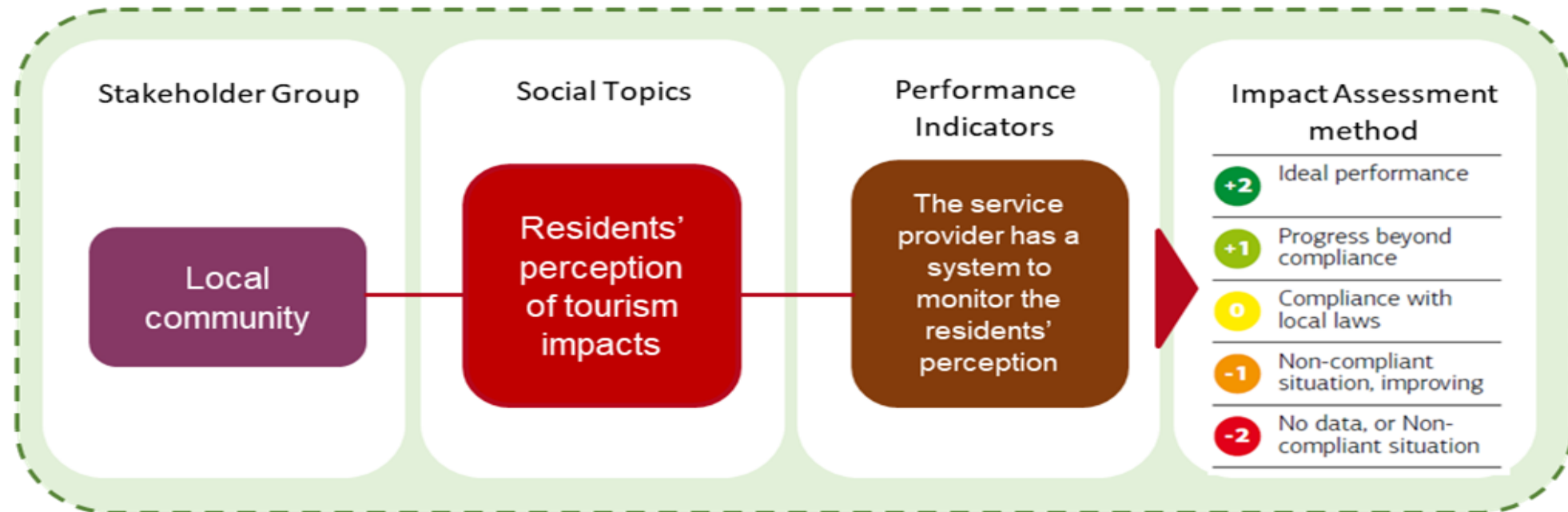


- ❖ The socio-economic assessment aims to measure the social impact of the different ecotourism service providers, suppliers and facilities present in a destination or included in an ecotourism itinerary.
- ❖ The assessment covers **15 social topics** and **4 stakeholder** groups (workers, local communities, value chain and visitors).



Social Impact Assessment of Ecotourism Suppliers

- ❖ Indicators were developed on the basis of the **Social Value Initiative**, Methodology Product Social Impact Assessment and the **EU, European Tourism Indicators System**.





VISUALISATION OF THE RESULTS

By stakeholder group

Workers



(0.5)

Local Community



(0.2)

Value Chain



(0)

Customer / tourist



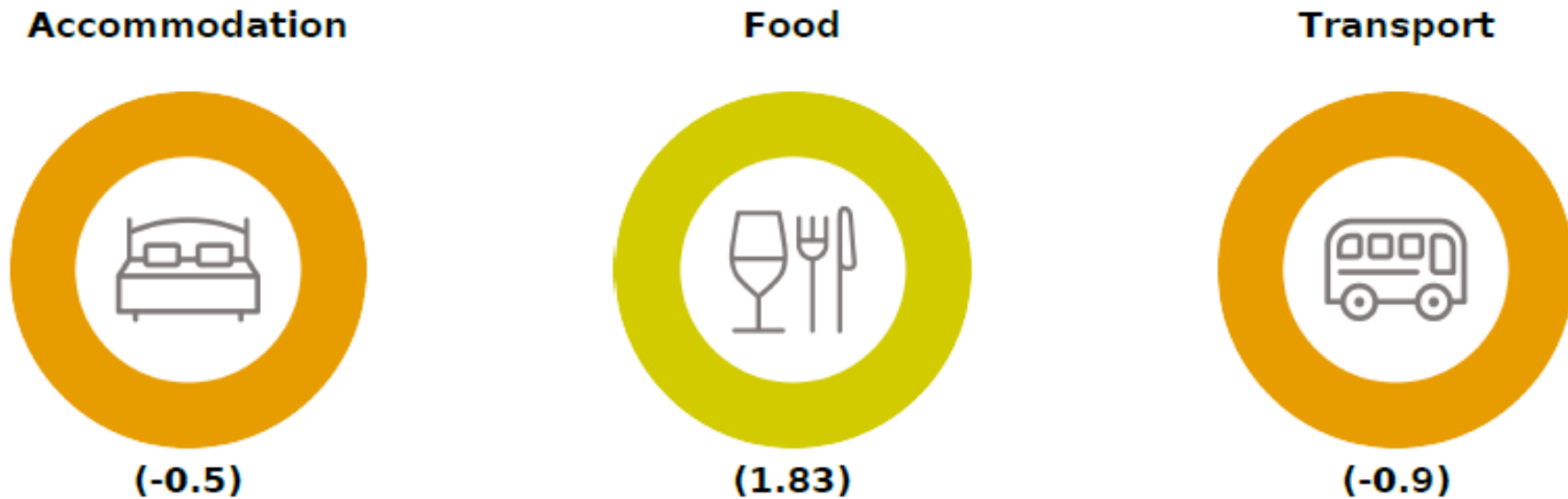
(0.33)

-
- +2** Ideal performance; a positive output achieved and reported
 - +1** Progress beyond compliance is made and monitored
 - 0** Compliance with local laws and/or aligned with international standards
 - 1** Non-compliant situation, but actions to improve have been taken
 - 2** No data, or Non-compliant situation; no action taken
-



VISUALISATION OF THE RESULTS

By service provider category



- +2** Ideal performance; a positive output achieved and reported
- +1** Progress beyond compliance is made and monitored
- 0** Compliance with local laws and/or aligned with international standards
- 1** Non-compliant situation, but actions to improve have been taken
- 2** No data, or Non-compliant situation; no action taken



Social Impact Assessment of Ecotourism Suppliers for Ecotourism Stakeholders



- Report the social benefits of the ecotourism products and services



- Good aid for structuring story-telling
- Highlights endemic issues in the region



- Identification of areas of concern which were not originally in the radar





Product Quality Assessment of an Ecotourism Itinerary



- The operator and stakeholders developing ecotourism itineraries in, and around protected areas must ensure the selection of **appropriate providers, develop engaging storytelling** that values the destination appropriately delivered by tour leaders and guides, that **interacts meaningfully with its communities, and values the protected areas and culture** of the destination.

- For this purpose, MEET has defined a set of criteria that must be met by the products (multi-day ecotourism itineraries) that encompass basic conditions that should be met regarding the design of the product and itinerary, safety, supplier selection, among others.



Product Quality Assessment of an Ecotourism Itinerary

2.1 PRODUCT QUALITY

2.1.1 Sound design of the ecotourism product

2.1.2 MEET market alignment

2.1.3 Product components characteristics

2.1.4 Product safety characteristics

2.1.5 Product operations characteristics

2.1.6 Product supplier's characteristic

2.1.1 - Product concept; Itinerary design and Leading, Guiding & Interpretation

2.1.2 – Target market; Pricing; Seasonality and Storytelling.

2.1.3 – Accomodation; Meals; Transport and Activities

2.1.4 – Health; Safety and Security

2.1.5 – Tour operator; Tour leader and Guides

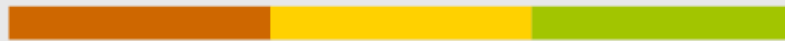
2.1.6 – Local ownership; Labour; Human rights; wildlife and Animal welfare



VISUALISATION OF THE RESULTS

Product Quality Assessment of an Ecotourism Itinerary

Non-acceptable performance



Ideal performance

Sound design of the ecotourism product

PRODUCT CONCEPT

The product/package/itinerary is aligned with the tourism development objectives and plans of the Protected Area or Destination

2

PRODUCT CONCEPT

The product/package/itinerary is focused valuing the natural and cultural resources in and around the Protected Area(s)

2

PRODUCT CONCEPT

The activities related to or within the Protected Area are developed with the LEC and approved by the PA management body.

2

PRODUCT CONCEPT

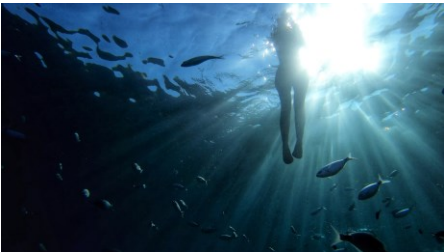
The number of travelers per group and tours per week is defined and within a maximum capacity of travelers defined by the LEC/PA

2

- +2 Ideal performance; a positive output achieved and reported
- +1 Progress beyond compliance is made and monitored
- 0 Compliance with local laws and/or aligned with international standards
- 1 Non-compliant situation, but actions to improve have been taken
- 2 No data, or Non-compliant situation; no action taken



Product Quality Assessment of an Ecotourism Itinerary



- Report the benefits of the ecotourism itinerary
- Ensures that the product being developed is high-quality and market-oriented, attractive and responding to the needs of customers.
- Confirms that the ecotourism product is aligned with the MEET brand and product line, commercially viable as well as the conservation values of the PA and sustainability is well embedded in the experience





Examples of Recommendations provided by the tools

Governance and Conservation:

- Engage further public bodies in the local ecotourism cluster.



Examples of Sustainability factsheets of Destinations





Examples of Sustainability factsheets of Destinations



ASSESSMENT AGAINST THE MEET STANDARD
PORTO CONTE REGIONAL PARK, SARDINIA (ITALY)

ENABLING CONDITIONS

TOURISM MANAGEMENT IN THE PROTECTED AREA

This assessment aims to understand if the protected area has appropriate tourism management mechanisms, to ensure a low-impact and conservation-friendly design of the ecotourism offer, based on a simplification of the [IUCN Green List Global Standard](#) for Protected Areas.

CATEGORY	ASSESSMENT					
1. Legal and regulatory conditions	Legal designation	PA Management plan	Visitor-related park regulations	Visitor mgmt. plan	Active visitor management	Visitor monitoring
2. Ecotourism package and visitor use	Compliance with park rules	Package content	Conservation compliance of package design	Visitor impact		
3. Added values	LEC conservation activity					

Ideal	
Compliance	
Non-compliant situation	



Examples of Sustainability factsheets of Destinations



ASSESSMENT AGAINST THE MEET STANDARD
PORTO CONTE REGIONAL PARK, SARDINIA (ITALY)

GOVERNANCE OF THE LOCAL ECOTOURISM CLUSTER

This assessment aims to measure if the protected area and the different tourism stakeholders in the cluster and destination operate under the main principles for good governance. It has been developed drawing on the [IUCN Best Practice Guidelines for the Governance of Protected Areas](#).

CATEGORY	ASSESSMENT		
1. Legitimacy and Voice	Representation of stakeholders	Diversity	Standards
2. Direction	Strategy and action plan	General alignment	
3. Performance	Implementation, monitoring & learning	Participatory product development	Cooperation Policy and lobbying
4. Accountability	Communication and information	Feedback	Control
5. Fairness & Rights	Respect	Fairness	Legal alignment



Examples of Sustainability factsheets of Destinations



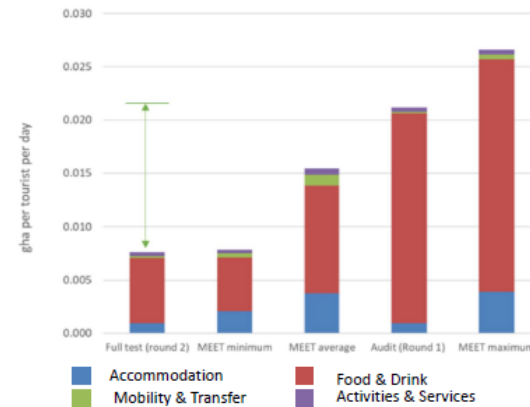
ASSESSMENT AGAINST THE MEET STANDARD
PORTO CONTE REGIONAL PARK, SARDINIA (ITALY)

PRODUCT SUSTAINABILITY

ECOLOGICAL FOOTPRINT OF THE PRODUCT SERVICES

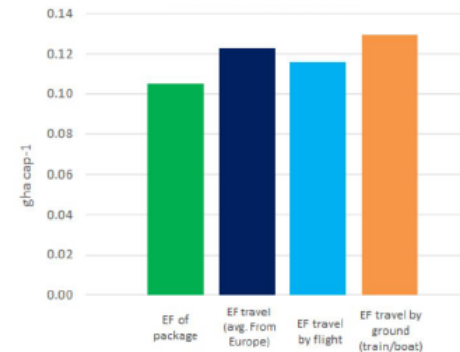
The [ecological footprint \(EF\)](#) assesses the human appropriation of the biosphere's capacity to provide renewable natural resources and key ecological services. To accurately measure the ecological footprint of a ecotourism package, the project is using a new [methodology](#) and the [EF Calculator](#), that collects data and calculates the footprint of the different package components: accommodation, food, mobility & activities. Carbon and Water footprints have been also measured for some products and will be soon available as well.

Ecological Footprint of the package
(gha per tourist per day)



The total ecological footprint of this package performs very well, with a lower footprint than the MEET average as well as the MEET minimum, with Food & Drinks being the component with the highest footprint as in all packages. The footprint of the package decreased by 64% from the baseline done to the final assessment. The reason for the reduction lies in the food & drinks (-69%) category, as the quantity of food provided was reduced, along with the quantity of meat, dairy products and fish.

Ecological Footprint of travel to the destination from Europe
(gha per tourist)



This graphic shows the average EF of travelling to Porto Conte Regional Park from an average European city, and the difference between air and ground travel. The EF of travelling to the destination is slightly higher than the EF of the actual package (1.17 times the per capita EF of the package). To this destination, the average EF of travelling by ground (train/boat) is 12% higher than the average EF of travelling by flight from Europe.



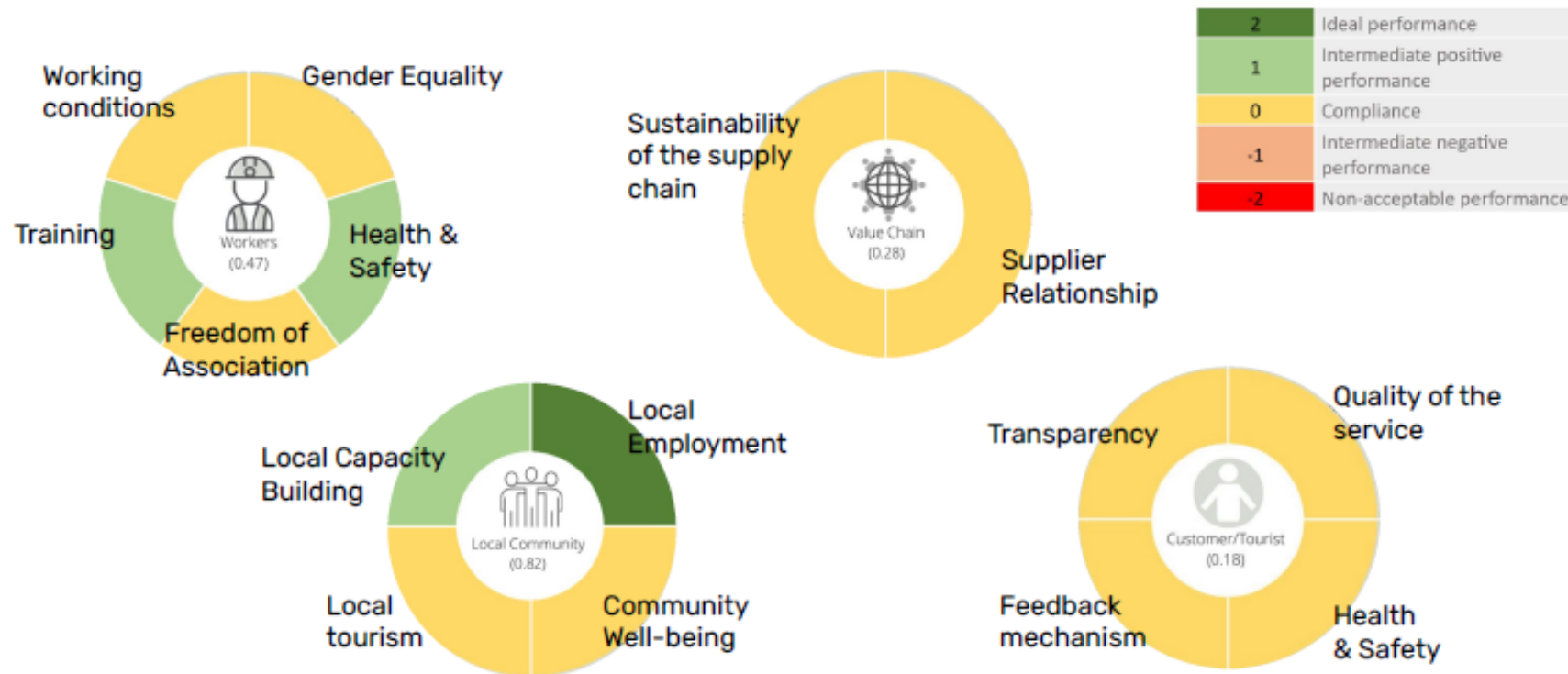
Examples of Sustainability factsheets of Destinations



ASSESSMENT AGAINST THE MEET STANDARD
PORTO CONTE REGIONAL PARK, SARDINIA (ITALY)

SOCIAL IMPACT ASSESSMENT OF THE PRODUCT SUPPLIERS

The socio-economic assessment aims to measure the social impact of the different suppliers and facilities on 15 social topics covering 4 stakeholder groups (workers, local communities, value chain and visitors). The methodology is based on a simplified version of the [Product Social Impact Assessment](#).





Marketing & commercial efforts of MEET

IN DEVELOPMENT WITH DESTIMED PLUS PROJECT

Nature and Culture Itineraries Designed by Mediterranean Parks

ALBANIA: DIVJAKË-KARAVASTA NATIONAL PARK

Pelican's Letters (8 days)



Imagine being in between two rivers, in a fortress of nature and life where you are welcomed every day by the Pelican. Divjaka - Karavasta Park is a journey between the discoveries of Albania's third treasure.

- Visit the Pelican Island and monitor the heron colony
- Discover the hospitality of the inhabitants, fishermen and artisans of the area
- Learn about bats habitat and hike to the watchtowers to see the landscape of the park and the reservoir of Kryekuq
- Explore the area through walking trails or by horse that traverse the experience of visiting from the tall pines to the centuries-old churches
- Visit the Church of St. Thanas by bicycle and see one of the most beautiful sunsets in Karavasta.

GREECE: NORTH KARPATOS AND SARIA ISLANDS

Feel Like a Local in an Amazing Destination Combining Culture with Pure Nature (6 days)



Karpathos island is a destination characterized by its pure nature and unique culture. Its isolated location and low population density have played key roles in the conservation of nature, customs and relevant cultural activities.

- Learn about the centuries-old history of the island
- Discover its traditional tastes, music, dance, dressing and food and cook like a local
- Admire its amazing pure nature sites through hiking experiences
- Observe the protected -and other- species that live in the protected area, like the unique species Karpathos frog Salamander and Mediterranean monk seal.

Nature and Culture Itineraries Designed by Mediterranean Parks



SPAIN: TERRES DE L'EBRE BIOSPHERE RESERVE

Spanish Culture, Cuisine and Wildlife in the Ebro Delta (5 days)



Experience the wildlife and seasonal colours of the largest wetland in Catalonia. Sail, birdwatch and cycle across the Ebro Delta's unmistakable horizontal landscape and explore Encanyissada and Tancada lagoons.

- Visit the salt world of Mon Natura and travel from the Trabucador Isthmus to the Trinidad Salt Pans of the Alfacs Peninsula
- Learn about the sustainable production of mussels and oysters in Alfacs Bay

- Enjoy a guided walking tour through the old Ebro Lands capital in Tortosa City
- Wine tasting at the Gandesa Cathedral Wine Cellar.

SPAIN: SIERRA NEVADA NATIONAL PARK

Caves, Cowboys, and Mediterranean Mountains (5 days)



Hike ancient staircases and climb alpine peaks in Sierra Nevada, the southernmost mountain range of Spain. Discover Andalusian landscapes and develop a deep connection to the past and the people who depend on the Mediterranean's highest mountains.

- Cross the mountain range from North to South to discover a new landscape in each corner
- Share a day at 2,000 meters above sea level with Torcuato, a passionate cattle breeder, who is trying to save the oldest breed of cows in Europe known as the Pajuna

- Discover the Alpujarras, an isolated area in the south of the Sierra Nevada, featuring white villages perched in the slopes, and architecture that preserves their Berber origins
- Stay in a cave and experience silence, peace and tranquility.



The Med as a Leading Ecotourism Destination



Highlights of Crete

See our Safe Travels Hub for our flexible bookings, vaccine policy and more - [view details](#)

DAYS	STYLE	TRIP RATING	FROM	Go to dates
7	Original	★★★★★ 16 reviews	€1,310 EUR	Add to shortlist



[Home](#) > [Europe](#) > [Greece](#) > Highlights of Crete

Tour the ancient histories and sun-kissed shores of Crete

The island of Crete has so much history and natural wonder to offer to a curious traveller. And in seven days on its shores, you'll see what's known as Europe's oldest city, taste some of the region's best food and wine, and discover some of the world's most picturesque beaches. From Heraklion, visit the famous archaeological site of Knossos, hike through forests and gorges, unwind in the secluded seaside village of Sougia, and sip wine in the vibrant port city of Chania to show you what makes the island so special. So quintessentially 'Greece' and so full of life, the best of Crete is waiting.

- Overview
- Gallery
- Itinerary
- Inclusions
- Dates & availability
- Important notes
- Essential trip information
- Reviews

Start	Heraklion, Greece	Code	ZLSA
Finish	Chania, Greece	Physical rating	●●○○○○
Destination	Greece	Ages	Min 15
Style	Original	Group size	Min 1, Max 12
Theme	Explorer		

Why you'll love this trip

- Did you know that Crete is home to Europe's oldest city? From Heraklion, head to the famous ruins and archaeological site of Knossos – the former capital of Minoan Crete.
- Uncover the real Crete during visits to its quiet corners. We've partnered with non-profit organisation MEET to bring you an ecotourism experience in the delightful village of Agios Ioannis. Spend an evening dining in a local restaurant to the soundtrack of live traditional music and stay the night in a guesthouse with a welcoming local family.



Croatia: Sibenik & the Kornati Islands

See our Safe Travels Hub for our flexible bookings, vaccine policy and more - [view details](#)

DAYS	STYLE	TRIP RATING	FROM	Go to dates
5	Original	★★★★★ 4 reviews	€914 EUR	Add to shortlist

[Home](#) > [Europe](#) > [Croatia](#) > Croatia: Sibenik & the Kornati Islands

- Overview
- Gallery
- Itinerary
- Inclusions
- Dates & availability
- Important notes
- Essential trip information
- Reviews

Discover hotspots and lesser-known treasures on Croatia's Dalmatian coast

Eat, walk, swim and wander to your heart's content on a five-day exploration of Croatia's Central Dalmatia region. This slice of the country delivers in both natural wonders and cultural treasures while offering up something to entice all those who set foot on its shimmering shores. Walk in the shoes of a local in the city of Sibenik, dig into the past in Zadar, have lunch with new friends on the spectacular Kornati Islands, venture into the wonderland of Krka National Park and discover the charming streets of Trogir. History? Incredible. Food? Unforgettable. Scenery? Couldn't be better. This is a place that ticks all the boxes.

Start	Split, Croatia	Code	ZLSL
Finish	Split, Croatia	Physical rating	●●○○○○
Destination	Croatia	Ages	Min 15
Style	Original	Group size	Min 1, Max 12
Theme	Explorer		

Why you'll love this trip

- See a different side of Sibenik as you explore the city with a local guide who will the hidden gems of the town before taking you to a tucked-away tavern for a traditional snack.
- Take a boat trip to the little-known Kornati Islands where you'll hike through stunning scenery, enjoy lunch with a welcoming local family and sample olive oil produced on the islands, all through our local partner - non-profit organisation MEET.
- Enjoy an ecotourism experience in the ethereal Krka National Park, where you'll explore waterfalls and ancient relics with a local guide in the part of the Park that's more off the beaten track.



Key learnings

- ❖ The conservation of the Mediterranean basin and its PAs is strongly affected by tourism.
- ❖ Governance models for tourism development in PAs and in regional policy are needed.
- ❖ Better tourism and conservation outcomes when there is collaboration among sectors.
- ❖ MEET offers different methodologies and tools for Protected Areas to manage tourism in PAs





Key learnings

- ❖ MEET products have comparative advantages of mass tourism destinations for travel to the destination (seasonality).
- ❖ For some of the tools, it might be difficult to collect DATA, especially socio-economic, as service providers are not willing to share them
- ❖ The MEET Monitoring tools allows ecotourism destinations in and around protected areas to self-assess the sustainability and quality multi-day tourism products in Protected Areas against the comprehensive criteria of the MEET Standard





Thank you and Get in Touch!

Contact

- **Website:** www.meetnetwork.org
- **Email:** secretariat@meetnetwork.org

Social Media



@meetnetwork.org



@meet_network



@MedEcotourism



MEET Network

Key Resources

- **MEET Catalogue:** <https://www.meetnetwork.org/ecotourism-experiences>
- **MEET Manual:** <https://www.meetnetwork.org/methodological-manual>
- **MEET Members:** <https://www.meetnetwork.org/mediterranean-parks>
- **MEET Training Modules:** <https://www.meetnetwork.org/online-learning>
- **MEET Ecological Footprint Calculator:** <https://www.meetnetwork.org/ecological-footprint-calculator>